

NEWSLETTER

A WELCOME MESSAGE

What another wonderful week it has been at school! There is a real sense of excitement around the site as a number of decoration and improvement projects continue to take shape, helping to make our school an even more welcoming and engaging environment for everyone. It has also been fantastic to see democracy in action, with classes voting for their new School Council representatives. We look forward to working with our councillors as they help to champion pupil voice and contribute to further improvements across the school.

As the weather begins to turn colder, please can we ask parents and carers to ensure children come to school with warm coats and appropriate outdoor clothing so that they can continue to enjoy learning and playtime comfortably.

Thank you for your ongoing support, and we hope you all have a lovely weekend.

Matt Johnson
Headteacher



UPCOMING EVENTS

Next week

12th - New Entrants - Open Morning

13th - School Nurse - Drop Ins - 9-12pm

14th - Reading in Class - 8.35 - 8.55 your weekly opportunity to read in class with your child.

16th - Year 1 - Messy Maps Exhibition 2.45pm



WEEKLY HIGHLIGHTS



This week, Year 2 enjoyed an exciting trip to Queen Elizabeth Country Park, bringing their learning to life through outdoor exploration. Pupils also took part in whole-school Harvest assemblies and a special Harvest workshop for Year 1, reflecting on gratitude and helping others. In addition, our Deaf Awareness assemblies encouraged children to celebrate inclusion and understand different ways people communicate.

QUOTE OF THE WEEK



"I like a teacher who gives you something to take home to think about besides homework."

Lily Tomlin

ATTENDANCE

	Mary Rose	Victory	Alliance	Warrior
KS1	95.52%	95.48%	94.78%	91.59%
KS2	97.64%	94.40%	95.61%	93.93%

Congratulations to **Mary Rose** in **KS1** & in **KS2**, the winners of the Attendance Cups this week.

HOUSE POINTS

	Mary Rose	Victory	Alliance	Warrior
This week	551	339	512	488
Total	2123	1631	1945	2013

Congratulations to **Mary Rose** house, the winners of the House Cup this week.

GOLDEN CHILD



I am delighted to share the names of this week's Golden Children:

KS1 and **KS2** have all been recognised as **someone who understands the importance of helping others.**

Year	Class	Golden Child
EYFS	Donaldson	Hope
	Gray	Lucie
	Hendra	Jessica
1	Adeola	Blaise
	Field	Louis
	Gravett	Arlo
2	Nightingale	Jude
	Pankhurst	Chay
	Seacole	Ethan
3	Fender	Teddy
	Hill	
	Styles	Tymoteusz
4	Atkinson	Betsy
	Elba	Scarlett-Marie
	Watson	Mia
5	Banksy	Lucy
	Blake	Thomas
	Hockney	Samuel
6	Brownlee	Ivy
	Hamilton	Nellie
	Russo	Akash



NOTICES



MORNING ROUTINES

8:30 - GATES OPENED

When it is raining heavily, doors also to be opened at this time.

8:35 - DOORS OPEN

One teacher per year group will be on the doors to take any messages.

8:45 - TEACHERS RETURN TO THEIR CLASSROOM

All doors remain open till 9 so that children can let themselves into the school and make their way to their classroom.

Please note: If you wish to speak to an adult, the doors are staffed only until 8.45.

8:45-9:00 START OF THE DAY

The register will be taken at this time.

9:00 ONWARDS

Children to enter via the office.
They will be marked as late.



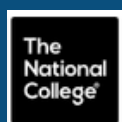
We appreciate your support in helping us to ensure that all children arrive safely and are ready to begin their learning promptly each morning.

KEEPING OUR CHILDREN SAFE ONLINE

We hope that you found the last guide useful. As always, we will be sending this week's guide as a separate pdf and the picture below is also a link to the website. (You will need to create an account to access the guides on the website)

This week's guide explains all about 'Nintendo Switch'.

Please take the time to read through all the tips that will help to ensure that your children are safe online.



REMINDERS



PARENTS EVENING

Parents' Evening appointments can be booked now through the Arbor Parent App and will be available until **Sunday 18th October 2026 at 6:00pm.**

FLU IMMUNISATIONS

The School Immunisation team will be visiting the school on **Monday 16th November 2026** to deliver the National Flu Immunisation Programme to children from Reception to Year 6.

The deadline for completing the form is **Wednesday 11th November 2026**. If you have not received the email about this, please contact the school office. If you have any problems completing the consent form online, please contact the School Aged Immunisation Service on 0300 123 5074.

ROTARY APPEAL

Reminder all filled shoeboxes should be returned to school by **9:00am Thursday 15th October.**

YELLOW - SIBLING PHOTOS

Reminder to complete the online form by **midnight Wednesday 21st October** if you would like a sibling photo taken on **Tuesday 3rd November.**

PTA EVENTS 2026



Please come and join us!

If you are interested in joining or supporting our fantastic PTA, please let us know using the button below and completing the short form:



We'd appreciate as much or as little help as you can offer.

IMPORTANT ATTENDANCE INFORMATION: APPOINTMENTS

We have noticed a steady increase in the number of parents arriving at school in the afternoons at short notice to collect children for appointments. In some of these cases the appointments are not for the child being collected but for siblings or parents.

We ask that early collections are as much as possible notified in advance and arranged with our office/attendance team. When arranging collection for a child to attend a medical appointment during the school day you should provide documentary evidence of the appointment in advance. These requests can be sent to attendance@copnorprimary.co.uk.

Only early collections for a child's own appointment can be authorised, and we ask that alternative arrangements are made by parents/carers to collect children at the end of the normal school day, when it is not their appointment. If you have made alternative arrangements, please ensure that the office are notified before the end of the day who will be collecting your child and ensure if they are not known to school that they are carrying identification for our staff to check when releasing your child.

For those who are unable to make alternative arrangements for collection at the end of the normal day we do offer a paid for after school club, but this also involves prior arrangement via the office if your child has not used this provision before. If you have any questions or concerns, then please do not hesitate to contact our office and/or attendance team in the first instance.

SCHOOL COUNCILLORS 2026-27

Congratulations to our newly elected School Councillors and Deputy School Councillors! We are incredibly proud that you have been chosen by your peers to represent their voices and ideas. We know you will be fantastic role models and look forward to seeing the positive contributions you make to our school community this year. Well done to everyone who took part in the elections.

Year 1	Field Violet-Eve Jacob	Gravett Rosie	Adeola Arya Kai
Year 2	Pankhurst Chay Ava	Nightingale Arlo Nicole	Seacole Lia Edie
Year 3	Hill Tove Zeke	Styles Teddy Tymoteusz	Fender Lennon Leah
Year 4	Watson Lola Louie	Atkinson Senna Jaxon	Elba Myla Fred
Year 5	Banksy Meer	Hockney Roy Violet	Blake Abigail
Year 6	Russo Talha Evie	Brownlee Cooper	Hamilton Jude Elliott

BOOKSY BEAR WINNERS



The KS1 class with the most children who have read 4 times or more at home is **Field Class**.

They will keep Booksy Bear in their book corner next week.

A huge well done, **Field Class**! We are incredibly proud of you all!



KS2 READING WINNERS



The KS2 class with the most children who have read 4 times or more at home is **Hamilton Class**.

A huge well done, **Hamilton Class**! We are incredibly proud of you all!

Keep up the great reading!



PASTORAL TIP OF THE WEEK



Tip no. 5 - Creating calming bedtime routines

A calm and predictable bedtime routine can help children feel safe, relaxed and ready for a good night's sleep. Quality sleep supports children's learning, emotional wellbeing and behaviour at school.

★ Keep bedtimes consistent

Try to keep bedtime and wake-up times similar each day, including weekends where possible.

★ Start winding down early

Begin a calming routine 30-60 minutes before bed. This might include tidying away toys, having a bath, reading or listening to quiet music.

★ Reduce screen time

Turn off tablets, phones and televisions at least an hour before bedtime. Bright screens can make it harder for children to settle to sleep.

★ Create a calm environment

Dim the lights, reduce noise and make the bedroom a comfortable, relaxing space.

★ Read together

Sharing a story is a wonderful way to connect with your child and help them transition from a busy day to a restful night.

★ Talk through the day

Spend a few minutes chatting about highlights from the day or anything your child may be worried about before they settle down.

★ Practise gratitude

Encourage your child to think of three positive things that happened during the day. This helps promote a positive mindset before sleep.

★ Use relaxation techniques

Simple breathing exercises or imagining a peaceful place can help children calm busy minds.

★ Prepare for tomorrow

Packing bags, laying out uniforms and discussing plans for the next day can reduce morning stress and bedtime worries.

★ Be patient and consistent

Good sleep habits take time to establish. Consistency and reassurance are key.



YEAR 4 - TIME TO THRIVE

At Copnor Primary School, we believe that academic success and personal development go hand in hand. In an increasingly complex and interconnected world, children need more than subject knowledge to flourish. They need the ability to communicate effectively, build positive relationships, understand themselves and others, and develop the learning behaviours that enable them to succeed throughout their lives. Explicit teaching of oracy, relational awareness and strong foundations in learning through our Time to Thrive curriculum provides the essential building blocks for these outcomes.

Year 4 began their Time to Thrive curriculum with 'Attention and focus' - Training their brains to lock onto one thing and ignore background noise. They all did incredibly well with their tasks.

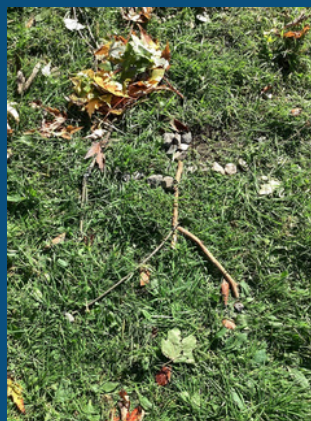


YEAR 2 - TRIP TO QECP

Year 2 had a fantastic trip to Queen Elizabeth Country Park, where they explored the natural environment through a range of exciting activities.

The children created beautiful nature-inspired artwork, enjoyed hunting for minibeasts, and learned about food chains by discovering how plants and animals depend on one another.

It was a wonderful hands-on learning experience that brought their classroom learning to life.



Queen Elizabeth
Country Park



Prospective Year R Families are invited to join us for our

Open Morning Tours 2026



October

Monday 12th

9.30am

Wednesday 21st

1.30pm

November

Friday 13th

1.30pm

Wednesday 18th

6pm

Monday 23rd

9.30am

December

Friday 11th

9.30am

All welcome! Please book online.

www.copnorprimary.co.uk/new-entrants/



**7 weeks
for
£43.75**

Copnor Primary School Mixed Football After School Club

Information:

- School Years 1-2
- 3:15pm – 4:15pm
- Thursday 5th November to 17th December

Registration

Book via our website or
give us a call!

02392 728899 | pompeyltc.co.uk

SCAN ME



Mental Health
Support Team
Portsmouth

PRIMARY SCHOOL

NHS
Hampshire and
Isle of Wight Healthcare
NHS Foundation Trust

parent/Carer DROP-INS



DOES YOUR CHILD
HAVE LOTS OF
WORRIES?



DOES YOUR CHILD ASK
LOTS OF "WHAT IF..."
QUESTIONS?

Join our school link worker from the Mental Health Support Team for a chat about your child's worries.

You might notice that your child:

WORRIES ABOUT BAD THINGS HAPPENING

FINDS IT HARD TO LEAVE YOU

AVOIDS CERTAIN THINGS/SITUATIONS

FEELS SCARED/AFRAID OF SOMETHING

HAS DIFFICULTIES WITH SLEEP

IS UNWILLING TO TRY NEW THINGS

COMPLAINS OF PHYSICAL SYMPTOMS SUCH AS: RACING HEART, FEELING SICK, SHAKING OR FAST BREATHING

If your child is showing any of these behaviours at home and/or at school and you would like to speak to someone about it, please contact the school reception to book a 20-minute appointment.

20 minute slots available to book on:

Monday 9th November 9.15am-11.15am
Copnor Primary School

What
to
expect:



OTHER NOTICES



Anchoring Minds

Our Anchoring Minds service provides support for Royal Navy and Royal Marine serving personnel, Royal Fleet Auxiliary seafarers, Reservists and their families.

Run by Solent Mind, in partnership with the Royal Navy and Royal Marines Charity, we help families navigate the unique challenges of military life.

We offer:

- A friendly chat with someone who understands what you are going through.
- Free resources to help you manage your mental health and wellbeing.
- Signposting to local services and groups, depending on what's available in your area.

Call **0300 303 1725** or email anchoringminds@solentmind.org.uk to speak to a member of the team. For resources, support and more, visit our website at solentmind.org.uk/anchoringminds

 Solent **Anchoring Minds**  **ROYAL NAVY & ROYAL MARINES CHARITY**



FREE OCTOBER HALF-TERM BASKETBALL CAMP!

Fully funded places for eligible families in Portsmouth

- Monday 26th–Friday 30th October
- Highbury College, Portsmouth
- 6.5 hours of basketball, activities & fun each day

WHO CAN APPLY?

- ✓ Funded places available for eligible families
- ✓ Benefits-Related Free School Meals
- ✓ Newly eligible for Expanded Free School Meals and receiving Universal Credit

SCHEDULE BY YEAR GROUP

- 26th–28th October: Primary School children
- 29th October: Years 7–9
- 30th October: Years 10–11

Basketball coaching + Skills development + Games + Competitions + Plenty of fun

LIMITED SPACES

Think your child is eligible?
Message us now to find out more and receive the booking link!

Force in the Community – *growing the game, shaping the future.* Thanks to the Portsmouth Crisis Resilience Fund



Step into Learning!

Discover our courses and workshops in a welcoming and supportive environment.

- Learn about progression opportunities and next steps
- Meet our friendly tutors and ask questions
- Explore our classrooms and learning facilities
- Enrol on courses or join waiting lists

Come and experience the positive atmosphere of our learning community. We look forward to welcoming you.

Tuesday 12:30pm - 2:30pm
20th October

Open Afternoon will take place at
The Learning Place, 6 Derby Road, North End, PO2 8HJ.

To book your space call 023 9262 1860 or email: thelearningplace@portsmouth.gov.uk

We look forward to seeing you here!

023 9262 1860 learn.portsmouth.gov.uk

THE LEARNING PLACE, 6 DERBY ROAD, PORTSMOUTH, PO2 8HJ



Reading for Wellbeing

On Teams each month
Thursday 7.30pm- 9.00pm
Get in touch for information

Join our book club in collaboration with Reading Force. A monthly get together to talk books, build a community and find time to relax. All are welcome, from first time book club members, bookworms and everyone in between.

"We all enjoy our book club and the support it brings. I never thought it would grow to what it has become and it's a fantastic group!"
-Book club attendee

To join the group, contact
Anchoring Minds:

0300 303 1725
anchoringminds@solentmind.org.uk
solentmind.org.uk

  **Anchoring Minds**



FREE ONLINE SEMINAR

An Introduction to Parenting Children with Autism

Insights and strategies for families of children who have or might have Autism

Thursday 15th October 2026
7.30–9.00 pm

Book a place by emailing info@sfttrust.org.uk

Part of the Strengthening Families programme for all Royal Navy and Royal Marines families in the UK and abroad

 www.sfttrust.org.uk