

NEWSLETTER

A WELCOME MESSAGE

Another busy and successful week has flown by! Our school trips are continuing to provide wonderful opportunities to bring learning to life beyond the classroom, and it is always lovely to hear about the children's adventures when they return.

Somehow, we have already reached October, although with the sunshine still making an appearance, it doesn't quite feel like it!

Don't forget to try and find the time to visit all 45 lions from The Pride of Portsmouth trail over the summer at the Dockyard today and tomorrow. A fantastic sight, I'm sure!

Wishing all of our children and families a relaxing and enjoyable weekend.

Matt Johnson
Headteacher



UPCOMING EVENTS

Next week

5th - Whole School - NEBC - Harvest Assemblies
Year 2 - QECP Trip - **Seacole Class**

6th - Whole School - CSSEF Deaf Awareness Assemblies

7th - Reading in Class - **8.35 - 8.55** your weekly opportunity to read in class with your child.
Year 1 - NEBC Workshops - Harvest
New Entrants Evening - **6pm**

8th - Year 2 - QECP Trip - **Nightingale Class**

9th - Year 2 - QECP Trip - **Pankhurst Class**



WEEKLY HIGHLIGHTS



This week saw plenty of learning for everyone! Year 4 enjoyed a brilliant trip to Southsea, starting their adventure with a journey on the number 21 bus.

Our staff also became the learners during our INSET day, spending valuable time developing their skills and knowledge to help us provide the best possible support for our children.

QUOTE OF THE WEEK



"Start where you are. Use what you have. Do what you can."

Arthur Ashe

ATTENDANCE

	Mary Rose	Victory	Alliance	Warrior
KS1	97.01%	97.58%	94.96%	94.64%
KS2	96.68%	97.22%	96.70%	94.33%

Congratulations to **Victory** in **KS1** & in **KS2**, the winners of the Attendance Cups this week.

HOUSE POINTS

	Mary Rose	Victory	Alliance	Warrior
This week	634	541	564	595
Total	1572	1292	1433	1525

Congratulations to **Mary Rose** house, the winners of the House Cup this week.

GOLDEN CHILD



I am delighted to share the names of this week's Golden Children:

KS1 and **KS2** have all been recognised as **someone who respects differences and speaks up for fairness.**

Year	Class	Golden Child
EYFS	Donaldson	Maya
	Gray	Ethan
	Hendra	Arthur
1	Adeola	Nylah-Rose
	Field	Rudi
	Gravett	Baaba
2	Nightingale	Elliot
	Pankhurst	Zakariyya
	Seacole	Albie
3	Fender	Jimmy
	Hill	Betsy-Lou
	Styles	Lily
4	Atkinson	Roman
	Elba	Harry
	Watson	Lillie
5	Banksy	Hugo
	Blake	Piper
	Hockney	Toriana
6	Brownlee	Haitam
	Hamilton	Odin
	Russo	Sophia



NOTICES



YEAR 4 - LAST CALL FOR WRAPPERS



For an upcoming art activity, the children will be creating collages using sweet and chocolate bar wrappers.

We would be very grateful for any clean, empty wrappers that you could donate to us!

Please note: We are only able to accept wrappers from sweets and chocolate that **do not contain nuts**, due to allergy considerations.

If you have any suitable wrappers at home, please send them into school by **Monday 5th October**.

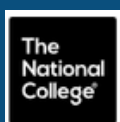
Huge thank you from the Year 4 Team

KEEPING OUR CHILDREN SAFE ONLINE

We hope that you found the last guide useful. As always, we will be sending this week's guide as a separate pdf and the picture below is also a link to the website. (You will need to create an account to access the guides on the website)

This week's guide explains all about **'Social pressures linked to Influencers'**.

Please take the time to read through all the tips that will help to ensure that your children are safe online.



PARENTS EVENING

Parents' Evening appointments can be booked through the Arbor Parent App and will be available from **6.00pm today, Friday 2nd October 2026**, closing **Sunday 18th October 2026 at 6:00pm**.

If you are struggling to access this, please contact the school office and a member of the office team will guide you through the booking process.

FLU IMMUNISATIONS

The School Immunisation team will be visiting the school on **Monday 16th November 2026** to deliver the National Flu Immunisation Programme to children from Reception to Year 6.

An email has been sent today to all parents in Years R-6 with details on how to provide your e-consent online, so please look out for this information.

The deadline for completing the form is **Wednesday 11th November 2026**. If you have not received this email, please contact the school office. If you have any problems completing the consent form online, please contact the School Aged Immunisation Service on 0300 123 5074.

ROTARY APPEAL 2026



Don't forget to support the Rotary Appeal 2026. All filled shoeboxes will make their way to disadvantaged and displaced children. (<https://wessexrotaryshoebox.org.uk/>).

All completed boxes will be collected from school on **Thursday 15th October**.

BOOKSY BEAR WINNERS



The KS1 class with the most children who have read 4 times or more at home is **Gravett Class**.

They will keep Booksy Bear in their book corner next week.

A huge well done, **Gravett Class**! We are incredibly proud of you all!



KS2 READING WINNERS



The KS2 class with the most children who have read 4 times or more at home is **Blake Class** again!

A huge well done, **Blake Class**! We are incredibly proud of you all!

Keep up the great reading!



PASTORAL TIP OF THE WEEK



Tip no. 4 - Conflict resolution with friends at school

We have noticed recently that a number of children are finding it tricky to resolve disagreements with their friends. At school, we are supporting children to understand that falling out sometimes is a normal part of friendship, while helping them develop the skills to listen, compromise, apologise and move forward. We are also teaching and encouraging simple playground games that children can enjoy together harmoniously.

You can help at home too:

- **Practise the words to use:**

Give your child simple phrases they can confidently use at school: "I didn't like it when..." "Can we start again?" "How can we sort this out?"

- **Encourage them to pause before reacting**

If they feel angry or upset, encourage them to take a breath, step away for a moment and calm down before trying to solve the problem.

- **Help them see both sides**

Ask: "How do you think your friend might have felt?" Remind them that two people can experience the same situation differently.

- **Focus on solutions, not blame**

Instead of deciding who was right or wrong, ask: "What could you both do to make things better tomorrow?"

- **Practise compromise**

Talk about how friendships sometimes involve taking turns or finding an idea that works for everyone: "You choose the game today and I'll choose tomorrow."

- **Encourage a fresh start**

Children sometimes need permission to let little disagreements go. Encourage phrases such as "Shall we start again?" or "Do you want to play?"

- **Talk about including others**

Encourage your child to notice someone who might be on their own and invite them into a game. Having different people to play with can also take pressure off one particular friendship.

- **Build up a bank of playground games**

Practise simple group games at home that don't need equipment. The easier it is for children to suggest and explain a game, the easier it can be to get play started positively.

- **Praise successful problem-solving**

When your child tells you they sorted something out themselves, celebrate it: "I'm really proud that you talked it through and found a solution."

- **Know when to ask an adult for help**

Reassure your child that if they have tried to resolve something and are still worried, upset or feel unsafe, asking a **trusted adult** for help is always the right thing to do.



YEAR 4 - TRIP TO SOUTHSEA

Year 4 enjoyed a fantastic Geography trip to Southsea, where they explored Portsmouth's human and physical features, including the Spinnaker Tower and the beach. The children also travelled on the 21 bus, gaining valuable fieldwork experience through real-life learning.



OTHER NOTICES



UK DANCE AWARDS 2026
Excellence in Inclusive Dance Practice
& Community Impact Finalist

FUNKIDZ

HALLOWEEN CLUB

GAMES, MUSIC, DANCE ROUTINES AND CRAFTS

26TH OCT 26 **£20 PER CHILD** **9AM-2PM**
DISCOUNT AVAILABLE

BOOK YOUR SPACE NOW AT
WWW.FUNKIDDANCE.CO.UK

BAFFINS COMMUNITY CENTRE, WESTOVER ROAD

HALF TERM CLUB

National Cadets Week is an annual celebration of the Cadet Forces and the positive impact they have on young people, schools, communities and wider society.

As part of the week, Royal Navy Cadets, Army Cadets and RAF Air Cadets are coming together at Portsmouth Historic Dockyard for a free public celebration:



NATIONAL CADETS WEEK COMES TO PORTSMOUTH HISTORIC DOCKYARD

FREE EVENT - OPEN TO ALL
SATURDAY 10 OCTOBER
1000 - 1600

Families can enjoy field gun displays, live music, ESports, STEM activities, maritime displays, VR tents and opportunities to meet cadets from across the Royal Navy, Army and RAF Cadet Forces.

Discover the opportunities available to young people through the Cadet Forces.

DISCOVER - EXPLORE - BELONG

MEET THE CADETS
Chat with our cadets and staff.

TRY NEW THINGS
Hands on activities and challenges.

BUILD SKILLS
Develop confidence and leadership.

JOIN THE ADVENTURE
Find your path with the Cadet Forces!

ONGOING ACTIVITIES THROUGHOUT THE DAY

- 1000 Cadet displays and engagement stands
- 1100 STEM demonstrations
- 1200 Shaping Portsmouth engagement
- 1300 Employer exhibitions
- 1400 Recruitment and Education Teams
- 1500 Mixed Reality Suite
- 1600 Royal Marines Climbing Wall
- 1700 Maritime Displays
- 1800 ESports Competitions

PROGRAMME

- 1100 Band Display
- 1130 Cadet Field Gun Competition
- 1200 Cadet Field Gun Training
- 1220 Cadets Form Up at HMS Warrior
- 1300 Maritime Sail Past
- 1400 Band Display
- 1430 Cadet Field Gun Competition
- 1500 Cadet Field Gun Training

CADETS **ARMY CADETS** **ROYAL AIR FORCE AIR CADETS**

PORTSMOUTH HISTORIC DOCKYARD



Prospective Year R families are invited to join us for our

Open Morning Tours 2026

October

Wednesday 7th
6.00pm

Monday 12th
9.30am

Wednesday 21st
1.30pm

November

Friday 13th
1.30pm

Wednesday 18th
6pm

Monday 23rd
9.30am

December

Friday 11th
9.30am

All welcome! Please book online.

www.copnorprimary.co.uk/new-entrants/

FREE ONLINE SEMINARS FOR PARENTS / CARERS

No need to book a place! Joining details on each flyer



**Southampton
Family Trust**
building relationships



Does your child have ADHD or ADHD traits?

FREE ONLINE SEMINAR
"An Introduction to Parenting Children with ADHD"
Insights and strategies for families

Thursday 8th October 2026, 7.30 – 9.00 pm

No booking required!
Simply join the seminar by scanning the QR code or use the Zoom details below:

Meeting ID: 890 8079 5122
Passcode: 482249

If you prefer, feel free to email us at info@sfrust.org.uk for the Zoom Link.



www.sfrust.org.uk

Scan the QR code for the Zoom Link



**Southampton
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building relationships



Does your child have or might have autism?

FREE ONLINE SEMINAR
"An Introduction to Parenting Children with Autism"
Insights and strategies for families

Thursday 22nd October 2026, 7.30 – 9.00 pm

No booking required!
Simply join the seminar by scanning the QR code or use the Zoom details below:

Meeting ID: 857 3506 5621
Passcode: 945794

If you prefer, feel free to email us at info@sfrust.org.uk for the Zoom Link.



www.sfrust.org.uk

Scan the QR code for the Zoom Link



**Southampton
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Does it sometimes feel like everything is a battle with your child or teen?

FREE ONLINE SEMINAR
"Understanding Demand Avoidance in Neurodivergent Children (diagnosed or suspected)"
Insights and strategies for families

Thursday 12th November 2026, 7.30 – 9.00 pm

No booking required!
Simply join the seminar by scanning the QR code or use the Zoom details below:

Meeting ID: 857 2711 9710
Passcode: 791137

If you prefer, feel free to email us at info@sfrust.org.uk for the Zoom Link.



www.sfrust.org.uk

Scan the QR code for the Zoom Link



**Southampton
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Is your child masking at school and crashing at home?

FREE ONLINE SEMINAR
"Understanding Masking and Burnout in Neurodivergent Children"
Insights and strategies for families

Thursday 26th November 2026, 7.30 – 9.00 pm

No booking required!
Simply join the seminar by scanning the QR code or use the Zoom details below:

Meeting ID: 864 1304 1446
Passcode: 303701

If you prefer, feel free to email us at info@sfrust.org.uk for the Zoom Link.



www.sfrust.org.uk

Scan the QR code for the Zoom Link