

# NEWSLETTER

## A WELCOME MESSAGE

As we come to the end of another busy half term, we would like to thank our pupils, staff, and families for all their hard work and support.

It has been a fantastic few weeks full of learning, achievements, and memorable moments. We bid a sad farewell to Mrs Johnston who leaves today to join British Airways, we all wished her all the very best in our Golden Assemblies. We hope everyone enjoys a well-deserved break and returns refreshed for the next half term.

Enjoy your half term break.

Matt Johnson  
Headteacher



## UPCOMING EVENTS

Next week:

23rd - First day of Spring 2

24<sup>th</sup> - Parents Evening 1

25<sup>th</sup> - Reading in Class - 8.35 - 8.55 - Your weekly opportunity to read in class with your child.  
Parents Evening 2  
Year 5 - Swimming

25<sup>th</sup> - Parent Workshop AI - Making Maths add up with AI and technology **KS2 Hall 1-3.30pm**

## WEEKLY HIGHLIGHTS



This week has been full of wonderful moments across the school. We marked Children's Mental Health Week with thoughtful discussions and activities that encouraged pupils to talk about their feelings.

We were also delighted to welcome Harbour Church for a special assembly, which gave pupils time to reflect and think about love and what it means.

Meanwhile, Year 3 Art Days were a great success, with pupils producing some fantastic creative work.

## QUOTE OF THE WEEK

"No act of kindness, no matter how small, is ever wasted."

**Aesop**

## ATTENDANCE

	Mary Rose	Victory	Alliance	Warrior
<b>KS1</b>	97.74%	96.95%	91.72%	90.78%
<b>KS2</b>	64.12%	96.60%	94.34%	94.02%

Congratulations to **Mary Rose** in **KS1** & **Victory** in **KS2**, the winners of the Attendance Cups this week.

## HOUSE POINTS

	Mary Rose	Victory	Alliance	Warrior
This week	189	235	172	200
<b>Total</b>	<b>1502</b>	<b>2328</b>	<b>1337</b>	<b>2216</b>

Congratulations to **Victory** house, the winners of the House Cup this week.

## GOLDEN CHILD



I am delighted to share the names of this week's Golden Children:

**KS1** and **KS2** have all been recognised as **someone who understands the importance of making safe choices online.**

Year	Class	Golden Child
EYFS	Hendra	Lorenza
	Gray	Hugo-Oliver
	Donaldson	Cora
1	Adeola	Edie
	Field	Betty
	Gravett	Sofia-Mae
2	Nightingale	Oliver
	Austen	Oakley
	Seacole	Finn
3	Adele	Emily
	Sheeran	Freya
	Styles	Bella-Rose
4	Thompson	Isabella
	Rickman	Abigail
	Elba	Thomas
5	Banksy	Tymon
	Hockney	David
	Lowry	Sapphire
6	Holmes	Darcy
	Hamilton	Florence
	Brownlee	Alicia



# NOTICES



## PARENTS' EVENINGS REMINDER



Parents' Evening appointments will take place on **Tuesday 24th February** and **Wednesday 25th February**, both on site.

Appointments can now be booked through the Arbor Parent App and will be available for booking until **6:00pm** on **Sunday 22nd February 2026**.

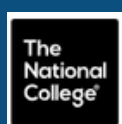
In addition, SENCo meetings will be held on **Tuesday 10th March** and **Thursday 12th March** booked through the School Office.

## KEEPING OUR CHILDREN SAFE ONLINE

We hope that you found last week's guide useful. As always, we will be sending this week's guide as a separate pdf and the picture below is also a link to the website.

This week's guide explains all about 'Justalk Kids'.

Please take the time to read through all the tips that will help to ensure that your children are safe online.



## REMINDER FOR YEAR 2 PARENTS

### NEWSPAPERS NEEDED!



Year 2 are in need of any old newspapers that you may have at home please for an upcoming project in school.

Please keep sending them in with your child. Every newspaper helps!

Thank you!

## REMINDER FOR YEAR 1 PARENTS

### FAVOURITE TOY REQUIRED!



During the **first week back** after half term (week beginning **23.2.26**) please send your child in with a favourite toy on the correct day below:

**Field:** Tuesday 24<sup>th</sup> February

**Gravett:** Wednesday 25<sup>th</sup> February

**Adeola:** Thursday 26<sup>th</sup> February

Please ensure that the toy your child brings in isn't very expensive or extremely precious or fragile and is something they can draw a picture of and write about, e.g. teddy bear, doll etc.. Thank you!

# BOOKSY BEAR WINNERS



The KS1 class with the most children who have read 4 times or more at home is **Austen Class**

They will keep Booksy Bear in their book corner this week.

A huge well done, **Austen Class!** We are incredibly proud of you all!



## PASTORAL TIP OF THE WEEK



### 13. Coping with your child's big emotions part 2

Feelings and emotions are very complicated. To make them easier for children to think about, it can be helpful to organise them by using the 'Zones of Regulation'. Try discussing each zone with your child when they are calm and regulated, and label emotions throughout the day to help them begin to understand how they are feeling. This can help make the complex skills of regulation more concrete for children and adults supporting them.

Remind children that all feelings are valid and OK. Success in regulating our emotions depends on us being able to recognise them, understand them and then put a support strategy in place to manage the emotion.

**ZONES OF REGULATION**

**BLUE ZONE      GREEN ZONE      YELLOW ZONE      RED ZONE**

**Red** - Overjoyed/elated, panicked, angry, terrified. The thinking and survival parts of our brain are not working together! We are not in control!

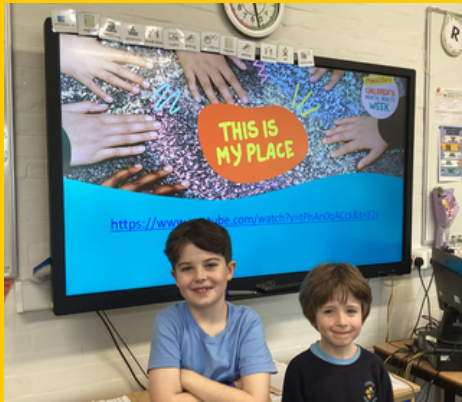
**Yellow** - Worried, frustrated, silly, excited. The thinking and survival parts of our brain are beginning to not work well and listen to each other. We are bubbling & beginning to lose control!

**Green** - Happy, calm, focused, proud. The thinking and survival parts of our brain are working well together! We feel in control!

**Blue** - Sad, bored, tired, sick. The thinking and survival parts of our brain are asleep! If they are asleep they aren't working well together so we need to wake them up so we can get back to the green zone!!

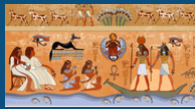


# CHILDREN'S MENTAL HEALTH WEEK

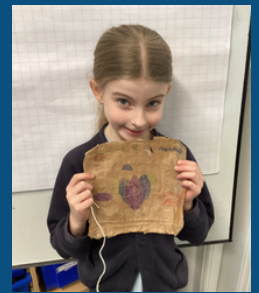


The theme this year was **'This is My Place'** which was based around belonging and how we can feel a sense of belonging and help others feel like they belong. The children spent time thinking about how we could help each other feel like we all belong then they were challenged to create a personal map, which could include places, groups, or activities or something not physical, where they felt like they belonged.

They were then left with the thought that **'small, friendly actions make big changes'** and can help create a place where everyone feels like they belong.



## YEAR 3 ART DAYS - EGYPTIAN ART



Year 3 had a fantastic time during their Art Days this week. They learnt how the Ancient Egyptians used to make paper out of papyrus and then created their own version of the papyrus paper. Once the glue had finally dried on their paper, they then created their own Ancient Egyptian-inspired scrolls using the drawings and designs that they had gathered in their sketchbooks.



# YEAR 3 COOKERY CLUB



It was the last session of Cookery Club this week and they went out in style cooking some garlic bread and ciabatta! Yummy! The children have really enjoyed creating and trying different foods each week - it has been a superb culinary experience for them all!

## HALF TERM ACTIVITIES

### Free activities this February half-term

**FREE** FOR 6-18 YEAR OLDS IN P01-P06 THROUGHOUT THE FEBRUARY HALF TERM. ACTIVITIES ARE AIMED AT LOWER INCOME FAMILIES. [CLICK TO BOOK](#)

This February activity week is funded through the Household Support Fund, not the usual Holiday Activities and Food (HAF) programme, therefore spaces are limited.

We first offered spaces to families who just miss out on HAF support, typically those just above the eligibility threshold, as they miss out on activities during the main school holidays.

Now that a few spaces are still available, we're offering them to HAF-eligible families to ensure the activities are fully enjoyed and no opportunity goes to waste.

[View & book activities](#)



Looking for an activity to do over half term?

Take a look at these events.

Just click on the posters for more information or email to book the music sessions.

**WHAT'S COMING UP?**

- FEBRUARY** Thursday 19<sup>th</sup> Disco Sessions, 10am - 12pm & 2pm - 4pm
- APRIL** Thursday 2<sup>nd</sup> Theatre & Arts, 10am - 12pm & 2pm - 4pm  
The Creamer Station Crafts Team - 10am
- MAY** Thursday 28<sup>th</sup> Silly Scott Entertainer, 10am - 12:30pm & 2pm - 4pm  
The Creamer Station Crafts Team - 10am

**FREE EVENTS**

For full kids club information please visit [www.portsolent.com](http://www.portsolent.com) or connect with us on social media

**COME AND JOIN US FOR THE LAST IN OUR SERIES OF FREE MUSIC SESSIONS & SONGWRITING WORKSHOPS HELD IN PORTSMOUTH! ON THURSDAY FEB 19<sup>TH</sup>**

**FREE! FUN!** With the Sensational Singing Soulstress *Amba Tremain*

All Music, Any Music: Singing, Playing, Drumming, Sing-Along, Backing Vocals, Songwriting, Music Composing, Busking, A cappella OR just listening...

**COME ALONG & HAVE FUN... MAKING MUSIC... Your music!**

Free to all from 7 to 107. NB all minors must be accompanied by a responsible adult.



Limited availability so please book asap! using email below:

**HELLEN@LETSMAKEMUSIC.ORG**