

## A WELCOME MESSAGE

Welcome to our weekly round up of events here at Copnor Primary School. Christmas has definitely arrived here! It was lovely to see the children enjoying their Winter Parties on Wednesday and much fun was had by all on Christmas Decorations Day. Our resident elves took their judging jobs very seriously, and looked very carefully at all the decorations in each classroom before making their decisions. Congratulations to Gray (KS1) and Hamilton (KS2) classes for being chosen as the 'Best Dressed' Christmas Classrooms!

Important Reminder: Please may I remind you that we are a <u>nut free school</u> as we have children with severe nut allergies. Please can you ensure that your children do not have anything containing nuts in their lunchboxes.

Enjoy your weekend.

Matt Johnson Headteacher

# **QUOTE OF THE WEEK**

RE NUT

"Believe you can and you're halfway there."

**Theodore Roosevelt** 

# **UPCOMING EVENTS**

Next week:

1st-5th - Road Safety Week - See below

1st - Advent Assemblies - NEBC



4<sup>th</sup> - Year 6 - Samba Workshop

4<sup>th</sup> - Parent Workshop - Technology - 2.25 - 3.15 - Meet in reception.

#### **WEEKLY HIGHLIGHTS**



As mentioned previously, this week has been a full on festive week for all! Although, we have of course squeezed in a bit of time to continue our learning and Year 5 also found time to have a great day out enhancing their learning at Hampton Court Palace. We are all now looking forward to the festive activities over the next three weeks.

# **ATTENDANCE**

	Mary Rose	Victory	Alliance	Warrior
KS1	96.67%	96.98%	94.61%	93.95%
KS2	92.86%	92.88%	95.23%	95.35%

Congratulations to **Victory** in **KS1** & **Warrior** in **KS2**, the winners of the Attendance Cups this week.

# **HOUSE POINTS**

	Mary Rose	Victory	Alliance	Warrior
This week	162	488	251	317
Total	3781	5895	4284	5698

Congratulations to <u>Victory</u> house, the winners of the House Cup this week.

# **GOLDEN CHILD**



I am delighted to share the names of this week's Golden Children:

KS1 and KS2 have all been recognised as someone who is respectful to others.

Year	Class	Golden Child	
EYFS	Hendra	Reginald	
	Gray	Kai	
	Donaldson	Teddy	
1	Adeola	Ava-Grace	
	Field	Penelope	
	Gravett		
2	Nightingale	Maccley	
	Austen	Alfie	
	Seacole	Leah	
3	Adele	Emi	
	Sheeran	Brooke	
	Styles	Brodie	
4	Thompson	Lucy	
	Rickman	Sandra	
	Elba	Elvin	
5	Banksy	Annabelle	
	Hockney	Sophia	
	Lowry	Beulah	
6	Holmes	Max	
	Hamilton	Reuben	
	Brownlee	Molly	

#### **BOOKSY BEAR WINNERS**



The KS1 class with the most children who have read 4 times or more at home is **Austen Class** 

They will keep Booksy Bear in their book corner this week.



A huge well done, Austen Class! We are incredibly proud of you all!

## **CHRISTMAS EVENTS @ COPNOR PRIMARY**

9th December - Year 1 Nativity Performance @ 2pm

10<sup>th</sup> December - Rocksteady Concert

**11<sup>th</sup> December** - KS2 Harbour Christmas Extravaganza Year 1 Nativity Performance @ 9.30am

12<sup>th</sup> & 17<sup>th</sup> December - Year R - Kings Theatre Pantomime

17<sup>th</sup> December - Christmas Dinner

18<sup>th</sup> December - Year R - Singing to parents.







### PASTORAL TIP OF THE WEEK

4. Grounding Techniques



Everyone experiences big emotions sometimes and this is a perfectly natural response from our body to tell us that something doesn't feel quite right. This may be feelings of anger, excitement, worry or upset. Next time you or your children are feeling some big emotions, try using some of these grounding techniques to help you to regulate. Grounding techniques are proven to bring you back to the present moment and can provide immediate relief from big feelings and emotions. It is really beneficial to use these techniques regularly so you are well-rehearsed to use them in times of emotional distress.

#### **Grounding Techniques**



Find 5 items in the room which are a certain shape or colour (eg. 5 items which are square). Try to find things that are not too obvious, or things you haven't noticed before.

5, 4, 3, 2, 1

5 things you can see,4 things you can touch,3 things you can hear,

2 things you can smell (or like the smell of),

1 thing you can taste (or like the taste of).



ABCD...

Think of a subject and name something to do with that subject for each letter of the alphabet (eg. name animals: ape, bear, cat...)

#### Flow activities /

Flow activities take our full attention, we "lose ourselves" in them and don't notice the time passing. Some examples: drawing, colouring, reading, watching TV, playing music

#### **CHRISTMAS DECORATIONS DAY**

Christmas Decoration Day was, as always, a big mixture of glue, glitter and great fun! Hopefully, your children have brought home some of their decorations to help decorate your houses too! Our classrooms now look very festive, with their Christmas trees and all the children's creative designs on show for all to see. We are all ready for the next few weeks of festive fun!

Thank you to Year 3 for sharing some of their day with the photos below.







#### YEAR 5 - HAMPTON COURT PALACE TRIP



Year 5 had a fantastic trip to Hampton Court Palace on Tuesday. It was a great opportunity for them to step back in time and immerse themselves in the world of the Tudors.

From exploring the grand halls to discovering fascinating stories of the past, their adventure was both educational and unforgettable.





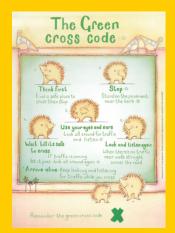






# **ROAD SAFETY WEEK - 1<sup>ST</sup> - 5<sup>TH</sup> DECEMBER**





Road Safety Week is Brake's biggest road safety campaign. Every year, thousands of schools, organisations and communities get involved to share important road safety messages and join our call for safe roads for everyone.

This year at Copnor, we have chosen to focus on the importance of crossing the road safely at all times. The children will be reminded of the importance of the Green Cross Code when they are crossing the road. In an assembly on Tuesday, we will take a brief step back in time to when road safety campaigns began with various different characters delivering the important messages. For a brief nostalgia trip, click on the following link to see some of those characters: https://youtu.be/CSWKncPotnO73i=jowO7ObDF5\_ITWen

The children will then be invited to try and create a new way of sharing the importance of the Green Cross Code, either in their classes or in smaller groups within their classes. Maybe they'll come up with a new character to replace the famous hedgehogs or the Green Cross Code Man?

Look out in next week's newsletter, where we'll share some of our work from the week.

## **PRE-ORDER CHRISTMAS DINNER**



Don't forget to pre-order your child's Christmas dinner!

Parents will need to <u>pre-order</u> a meal for this day by <u>9:00am Friday 5th December</u> via the Trips and Events tab in their child's ScoPay account.

Children who have not had a meal preordered will need to bring in a home packed lunch as there is **no option to order on the day.** 

#### **BOOK RECOMMENDATIONS**

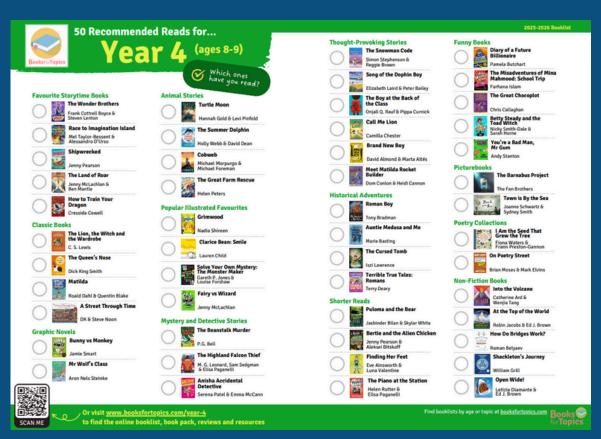


Continuing our sharing of the Top 50 Recommended Reads for each year group, please see below for Year 3 and Year 4's lists. For further information and to download your child's booklist please visit the website below:

https://www.booksfortopics.com/



https://www.booksfortopics.com/booklists/recommended-reads/year-3/



## **CLUBS - SPRING 1**



# **LOCAL CHRISTMAS EVENTS**





#### **FINAL OPEN DAY**



Please use the link below to book. There is a google form on the page to complete to book your place:

https://copnorprimary.co.uk/new-entrants/



## **KEEPING OUR CHILDREN SAFE ONLINE**

Continuing our sharing of the informative posters from #WAKEUP WEDNESDAY, National Online Safety. Please take the time to read through all the tips that will help to ensure that your children are safe online.



Although this week's guide is aimed at schools, we believe that it is useful for parents too, to see what we are doing to help protect your children online.

What Schools Need to Know about protection for children when they're online. The government has pledged 'a zero-tolerance approach to otecting children from online harm; and the act certainly includes more powerful legislation which should help to safeguard young people in the digital world. Our guide summarises the key points for schools... WHAT THE ACT WILL DO NON-CONSENSUAL SHARING HARMFUL CONTENT ANIMAL CRUELTY REPORTING AND **FILTERING** MORE TRANSPARENCY AGE-RESTRICTED HOSTING MISLEADING ADVERTS What this means for you KNOW WHERE TO GET HELP WATCH FOR FUTURE DEVELOPMENTS REMEMBER THE ESSENTIALS UNDERSTAND AND EXPLAIN **ENGAGE WITH PARENTS** THE VA! National Meet Our Expert Online Safetv

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