



COPNOR PRIMARY SCHOOL

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7th November 2025

Dear Parent/Carer

RSE for Year 6

This half term we will be teaching our unit on Relationship and Sex Education (RSE). We will be completing this unit on **Thursday 20th November**. These lessons should develop understanding and attitudes, which will help pupils to form relationships in a responsible and healthy manner and to appreciate the value of stable family life, including the responsibilities of parenthood.

Attached with this letter, you will find *Kapow Primary Parents' and carers' guide for Relationships, Sex and Health Education (RSHE)* and the knowledge organiser provided by Kapow which outlines what your children will be learning about within this unit. Relationships Education or Health Education (which includes learning about the changing adolescent body and puberty) are compulsory to your child's education; however, you do have the right to withdraw your child from Sex Education as these lessons are not part of the science National Curriculum. However, we believe that the presentation of sexual images on social and other media make it important that all young people have a safe place to check facts and dispel myths. If you would like to withdraw your child from RSE, please do so in writing. If you would like more information on this, please do not hesitate to contact us.

The key aims of our RSE lessons are to:

- 1 Provide accurate and relevant information about the physical and emotional changes that children and young people will experience as they move into adulthood.**
- 2 Establish an awareness of the importance of a stable relationship, including the responsibilities of parenthood.**
- 3 Foster self-awareness and self-esteem.**
- 4 Develop a sense of responsibility and respect for themselves and others.**

The RSE sessions include a variety of activities, video clips and input from the class teacher. All teaching materials are appropriate to the age and emotional maturity of the pupils concerned, and we aim to present the programme in an objective, balanced and sensitive manner. The children will also have many opportunities to ask questions (this can be done anonymously if your child feels more comfortable with this). In addition to this, the girls and boys will be separated; previous experience has shown that children feel more comfortable asking questions in front of peers of the same gender.



Thank you for your continued support and if you have any questions, please do not hesitate to contact any member of the Year 6 team.

Yours sincerely,

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Year 6 Team