3 Choice Menu TUESDAY **THURSDAY** WEDNESDAY MONDAY FRIDAY **Autumn Winter 2025** 2026 **WEEK ONE** Plant Balls in Tomato Sauce Beef Lasagne with Garlic Roast Chicken, Stuffing, Roast **NEW** Chicken Biryani Fishfingers or Salmon Option One with Rice Bread Potatoes and Gravv Fishfingers with Chips & Tomato Sauce 3rd November Autumn Vegetable Beetroot and Lentil Burger in Vegetarian Wellington with **NEW** BBQ Vegan Sausage Cheese and Bean Pasty Option Two 24th November Lasagne a Bun with Potato Wedges Roast Potatoes Pasta with Garlic with Chips and Tomato 15th December Bread Sauce 19th January Jacket Potato with Cheese. Tomato Pasta Tomato Pasta Jacket Potato with Option Three beans or Tuna Cheese, beans or Tuna Tomato Pasta 9th February 9th March Vegetables Vegetables of the Day Fruit Medley Cheese & Biscuits Apple Crumb Cake & Jelly and Mandarins Syrup Sponge & Custard Dessert Custard Cheese and Tomato Pizza Beef Spaghetti Bolognaise BBQ Chicken with Beef Meatballs in Tomato Fishfingers with Chips & **WEEK TWO** Seasoned Potatoes and Sauce Tomato Sauce with Wedges Option One Sweetcorn Salsa Mild Mexican Chilli with Rice Cheese Whirl with Chips and Vegan Spaghetti Bolognaise BBQ Quorn with Seasoned Creamy Chickpea and Option Two Coconut Curry with Rice Tomato Sauce Potatoes & Sweetcorn 10th November Salsa 1st December Tomato Jacket Potato Jacket Potato with Cheese... 5th January Option Three Pasta with Cheese, beans or Tuna Tomato Pasta beans or Tuna Tomato Pasta 26th January 23rd February Vegetables 16th March Vegetables of the Day **NEW** Gingerbread Cookie Chocolate Brownie & Fruit Salad Sticky Toffee Apple Crumble Vanilla Shortbread Dessert with Custard Chocolate Sauce Macaroni **NEW** Chicken 50% Enchilada Chicken Sausage with Roast Mild Caribbean Chicken Fishfingers with Chips & WEEK THREE Cheese Bake with Paprika Wedges Potatoes and Gravy with Golden Rice Tomato Sauce Option One **NEW** Chefs Special Lentil All day vegetarian Breakfast Vegan Sausage and Roast Caribbean Stew with Red Pepper Frittata with Option Two 17th November Curry with Rice Chips & Tomato Sauce Potatoes and Gravy Golden Rice 8th December 12th January Option Three Tomato Pasta Tomato Pasta Jacket Potato with cheese Tomato Pasta Jacket Potato with Cheese 2nd February beans or Tuna beans or Tuna 2nd March Vegetables 23rd March Vegetables of the Day Pear Crumble with Custard Oaty Cookie Fruit Salad **NEW** Jamaican Ginger Cake Cornflake Tart Dessert with Custard ALLERGY INFORMATION: MENU KEY If you would like to know about particular allergens in foods please Wholemeal Chef's Special Added Plant Protein Veaan ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information Available Daily: - Bread freshly baked on site daily- Daily salad selection to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination. feeding the imagination