

11<sup>th</sup> July 25  
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# NEWSLETTER



Dear Parents and Carers,



Welcome to the penultimate newsletter of the year, after the penultimate full week at school. What a week it has been! We cannot reiterate enough how fantastic the children all were when we had the Ofsted visitors in on Tuesday and Wednesday, as my letter to you yesterday expressed. It was such a pleasure sharing our fantastic school and all the children's achievements with the inspectors. Thank you all once again for your support too. As we head into our final full week, we look forward to the few remaining events of the year. The Year 6 children are very busy with the last rehearsals for their production next week, which looks to be an amazing show and of course we have our PTA School Fayre on Tuesday. As it would appear that the hot weather will be following us into next week, please can I ask that you continue to ensure that the children are prepared with sunhats, sun cream and water bottles.

## Next Week

Date	Event
15 <sup>th</sup> July	PTA Summer Fayre
16 <sup>th</sup>	Year 6 Production
17 <sup>th</sup>	Year 6 Production
	Year 1 Scooterability (postponed from last week)

## Reading in class continues...

Don't forget that 'Reading in Class' continues every **Wednesday** between **8.35 am and 8.55 am**. It is lovely to see so many parents and children reading together. We look forward to welcoming you back in again next week.



## Attendance Cup

This week's winning house is:

	Mary Rose	Victory	Alliance	Warrior
KS1	97.70%	95.48%	94.07%	94.62%
KS2	94.26%	94.79%	92.52%	93.81%

Congratulations to **Mary Rose** in KS1 and **Victory** in KS2 who have won this week's house cup.

## House Points

This week's winning house is:

	Mary Rose	Victory	Alliance	Warrior
This week	150	174	191*	84
Total	1719	1734	1282	1547

*\*double week count*

Congratulations to **Victory** who collected the most house points this week.

## Booksy Bear Winners



The KS1 classes with the most children who have read 4 times or more at home are **Gravett Class** (last week) and **Adeola Class** (this week)!

**Adeola Class** will keep Booksy Bear in their book corner this week. (Gravett had Booksy this week!)

Well done, **Gravett Class** and **Adeola Class**!



## Golden Child

I am delighted to share the names of this week's Golden Children they are:

Year Group	Class	Golden Child
EYFS	Rosen	Tyler
	Hart	
	Donaldson	Ava-Grace
1	Adeola	
	Field	Ivy-Rai
	Gravett	Oakley
2	Steadman	Henry
	Simmonds	Ivy-Rose
	Jenkins	Harry
3	Adele	Oliver
	Sheeran	Hugo
	Murs	Theodore
4	Thompson	Malithmee
	Rickman	Cooper
	Elba	Mollie
5	Peake	Reggie
	Hawking	Elma
	Franklin	Evie
6	Hussain	Zahra-Rose
	Roots	Evan
	Berry	Aliza

**EYFS/KS1** and **KS2** have all been recognised as **someone who encourages others to do well.**

## Sports Day 2025

It was a fantastic turn out for this year's sports day last Friday 4th July 2025. The children were looking forward to participating in their field and track events and the chance to cheer on their house in the glorious sunshine.

Key Stage 2 started the day by warming up and then completing the round robin of twelve field events. Once completed, they all gathered on the field to run their track race, which was either the sprint, hurdles, bean bag or egg and spoon race. The children did a great job at cheering on their house and participating in all the events.



At lunchtime, the field was full of picnic rugs and food, as both adults and children shared the sunshine, refreshments and a chance to socialise.

Just after 1pm, it was the turn of Key Stage 1 to try their best at the field and track events. They did a great job, and we were very proud of them all for their hard work and dedication.

Every child received a participation certificate to celebrate their hard work. Throughout the day, the class teachers were particularly impressed watching the children try to better their attempts and stay true to our school values of Respect, Resilience and Teamwork.

We received some lovely comments about the day, some of which included;

*"This is the best day ever"* KS1 child

*"The whole day is really well organised, and it is great to see the children competing against themselves to do their best. The whole event is a chef's kiss."* Parent

Last year's feedback included that it would be useful to send out a school map of the events in the newsletter the week before. We did so and it was great to hear that parents found this helpful.

## Sports Day Results

	1	2	3	4
<b>KS1</b>	Alliance	Warrior	Mary Rose	Victory
<b>KS2</b>	Victory	Warrior	Mary Rose	Alliance
<b>Overall</b>	<b>Warrior</b>	<b>Victory</b> (Joint 2 <sup>nd</sup> )	<b>Mary Rose</b> (Joint 2 <sup>nd</sup> )	<b>Alliance</b>







## Reminder - Year 1 and 2 Dance Club in September

**WWW.FUNKDDANCE.CO.UK**

📞 **07700156650**

✉ **FUNKDDANCELIMITED@HOTMAIL.COM**

📱 **@FUNKDDANCELTD**

**FUNKIDZ**  
CONFIDENCE THROUGH PERFORMANCE  
PRESENTED BY FUNK'D DANCE LIMITED



**TUESDAYS**  
**8-8.45AM**  
**OPEN TO YR1 AND YR2**

**CONTACT NOW TO RESERVE A SPACE!**

£5 PER SESSION (PLEASE NOTE PAYMENTS ARE MADE IN HALF TERMLY BLOCKS TO RESERVE YOUR CHILDS SPACE)

★★★★★

AT FUNKIDZ DANCE WE PROVIDE INCLUSIVE AND AFFORDABLE AFTER SCHOOL CLUBS FOR CHILDREN WHO SIMPLY LOVE TO DANCE AND PERFORM

WE PRIDE OURSELVES IN IMPROVING CHILDREN'S CONFIDENCE THROUGH DANCE

LIMITED SPACES AVAILABLE- BOOK NOW TO AVOID DISAPPOINTMENT!

Please find information about an exciting new before school dance club starting in September for Year 1 and 2 children.

You can book online at the website below:

<https://www.funkddance.co.uk/>





## HAF Fun Pompey Summer Activities



Department for Education

Portsmouth CITY COUNCIL

**HAF FUN POMPEY**

**FREE FUN, FOOD & INCREDIBLE ACTIVITIES!**

Throughout the school summer holidays  
For 5–11 olds receiving benefits related free school meals

COOKING  
SPORTS  
PERFORMING ARTS &  
LOADS MORE!

MORE STUFF FOR 11–16s

CLICK HERE TO BOOK!

To book, search 'HAF Fun Pompey' or scan the QR code

FamilyLifePompey HAF@portsmouthcc.gov.uk

To book please go to the website below or scan the QR code:

<https://www.pycportsmouth.co.uk/haffunpompey/>



## Portsmouth Leisure Card

Please check out the attached flyer to see if you could be entitled to a Portsmouth Leisure Card. It is free!

There are various ways to apply:

Online at [www.portsmouth.gov.uk](http://www.portsmouth.gov.uk)

Visit your local library, community centre or housing office and ask for an application form.

### Portsmouth Leisure Card



#### With the summer holidays approaching, check to see if you could be entitled to a Portsmouth Leisure Card.

It offers discounts of **up to 50%** at some Portsmouth City Council facilities as well as other services and attractions.

The Card is **free** and available to those who receive **means-tested benefits** living within PO1 – PO6 areas of the city. (and some properties in PO7 qualify where these pay council tax to Portsmouth City Council).

You can enjoy BH Live sports centres, swimming pools, golf, museums, city arts, Portsmouth Historic Dockyard, Southsea Skatepark, the Andrew Simpson Centre, discount on beach hut rental and allotments and much more. Please note discounts do vary, and a complete listing will be sent with your Leisure Card.

The Leisure Card is valid for 12 months and you can reapply when the card expires, if still eligible.

- **How to apply:** visit the Portsmouth City Council website, search for Leisure Card and apply online [www.portsmouth.gov.uk](http://www.portsmouth.gov.uk) or you can visit your local library, community centre or housing office and ask for an application form (please bring along proof of the benefits to be checked)

If you have any questions; call 02392 688797 or email [CulturalServices@portsmouthcc.gov.uk](mailto:CulturalServices@portsmouthcc.gov.uk)

#### Eligible benefits.

- › Universal credit
- › Income support
- › Income-based jobseeker's allowance (JSA)
- › Income-related employment and support allowance (ESA)
- › Housing benefit
- › Council Tax Support (excludes statutory 25% single persons discount)
- › Pension credit (guarantee credit element only)
- › Foster carers with foster children (use the online application form and upload a signed letter from your supervising social worker as evidence)
- › Children & Young Adults in Supported Accommodation – (aged 16 – 25yrs cared for by PCC - validated by their social worker or PCC sponsor's letter)
- › Asylum Seekers – Please note you will be asked to reference your Home Office Number supplied by Portsmouth City of Sanctuary

## Events in Victoria Park



To find out and get involved in the latest events at Victoria Park, click on the website below:

<http://victoriaparkportsmouth.org.uk/victoria-park-july-events/>

Events include Wellbeing Walks, Colour Club, Bandstand events and Portsmouth Fringe Festival.

## MHST Summer Workshops

Mental Health Support Team Portsmouth

Portsmouth Mental Health Support Team

**MHST SUMMER WORKSHOPS**

MHST are offering an opportunity to learn CBT based skills to support young people's mental health and wellbeing.

These workshops have been developed for children/young people and parents/carers.

**MONDAY 28<sup>TH</sup> JULY**  
10:00 - 11:00  
**SOMERSTOWN FAMILY HUB**



**CALM KITS (WITH PORTSMOUTH PARENT VOICE)**

This workshop will cover:  
What are emotions and understanding how they affects our bodies, as well as how to notice when our emotions get too big. We will learn how to calm ourselves down and do an activity together to take home.

**TUESDAY 5<sup>TH</sup> AUGUST**  
13:00-14:00  
**SOMERSTOWN FAMILY HUB**



**COPING WITH BIG EMOTIONS**

This workshop will cover:  
How big emotions affect our bodies and behaviour, linking these to the zones of regulation, and how we can model effective regulation.

**WEDNESDAY 13<sup>TH</sup> AUGUST**  
13:00-14:00  
**PAULSGROVE FAMILY HUB**



**MANAGING WORRIES**

This workshop will cover:  
Understanding anxiety, types of worries and ways to manage different worries. There will be a chance to practice different grounding and distraction techniques, and come away with your own pack of tools.

**FRIDAY 22<sup>ND</sup> AUGUST**  
10:00-11:00  
**NORTHERN PARADE FAMILY HUB**



**SUPPORTING WELLBEING**

This workshop will cover:  
Understanding wellbeing, 5 steps to wellbeing, relaxation, distraction and self-care. There will be a chance to consider how you can apply these steps to your daily life and take away some useful skills!

**FRIDAY 29<sup>TH</sup> AUGUST**  
10:30-11:30  
**PAULSGROVE FAMILY HUB**



**CALM KITS (WITH PORTSMOUTH PARENT VOICE)**

This workshop will cover:  
What are emotions and understanding how they affects our bodies, as well as how to notice when our emotions get too big. We will learn how to calm ourselves down and do an activity together to take home.



Please note that there is a maximum capacity of 20.  
To sign up, scan this QR code  
Young people will need to be accompanied by an adult.





## Keeping our children safe online

Continuing our sharing of the informative posters from #WakeUpWednesday, National Online Safety. Please take the time to read through all the tips that will help to ensure that your children are safe online.



At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one issue of many, which we believe trusted adults should be aware of. Please visit [www.nationalonlinesafety.com](http://www.nationalonlinesafety.com) for further guides, hints and tips for adults.

**7 Top Tips for Supporting Children to EXPRESS THEMSELVES SAFELY ONLINE**

The past year has left many children feeling uncertain and worried. So Children's Mental Health Week has adopted the theme of 'express yourself'. It's not necessarily about being the best – but instead encouraging young people to relish the joy of being 'in the moment' and loving what they do. So whether they're into music, art, photography, film, drama or dance, here are our top tips for helping your child to express themselves safely online.

- 1 Celebrate their Identity**  
Celebrating who children are and reminding them of their uniqueness has a huge impact on their confidence and self-esteem. This week, remind them of what you love about them. You could revisit some photos and videos on your phone or computer of special times you've shared. Chat about the importance of finding time to do what they love: underline that it's an important part of who they are.
- 2 Promote Their Passions**  
It's different for all of us, but every child has something which ignites their passions and brings them joy. Perhaps they love music and you could introduce them to a music-making app? Or if they enjoy taking photos or making videos, use this week to set a photography or video competition at home, with some fun categories.
- 3 Support Their Interests**  
Some children seem to know instinctively what interests them and what they enjoy doing; others can be less decisive about hobbies. Spend some time this week sharing their interests and doing something connected to it together. You could make a short Lego film to post on your Instagram, a vlog about baking that you share with relatives, or just play with them on their favourite video game.
- 4 Help Them Help Others**  
Some children love to express themselves through activities which help others. Perhaps your local area's Facebook group has a community project that your family could get involved with – even as a one-off; it doesn't have to be a long-term commitment. Depending on your child's age, you could introduce them to online fundraising (such as sites like JustGiving, for example) and how it can make a difference to less fortunate people.
- 5 Enable Emotional Expression**  
Children sometimes need help in articulating how they're feeling and in beginning to understand how to manage their emotions. A safe, healthy way for your child to explore their feelings is to let them conduct an activity – like listening to a story, or creating some art – and discuss with them afterwards how it made them feel. There are lots of stories available on YouTube, while Audible is streaming children's audiobooks free of charge while schools are closed. YouTube also has a plethora of fun art tutorials (if you log in on adult's account, remember to adjust your settings first to block inappropriate content and stop potentially unsuitable material auto-playing).
- 6 Let Them Stay Connected**  
The online world is a fantastic space for staying in contact with those who we can't be with right now. Young people are often very comfortable using social media to express themselves and stay connected by sharing their ideas, thoughts and feelings with friends. But bear in mind that most social media platforms require a child to be at least 13 before they should access it (WhatsApp is 16). Remind your child that, while it's OK to express who we are on social media, they should still always think before posting – and that their self-worth is never measured by their number of likes, friends or followers.
- 7 Coach 'Safe Sharing'**  
As part of expressing themselves, your child may want to share something online that they've created – like a funny video, a sketch, a meme or a dance. If they're too young to have their own social media, you could use your own account to share it with selected people who you trust. Emphasize the importance of only sharing content with people that your child knows well, like family and friends. This type of conversation is also useful for introducing young people to the risks and challenges that can come when expressing ourselves to a wider online audience of strangers.

**Meet Our Expert**  
Anna Boteman is passionate about placing prevention at the heart of every school, integrating mental wellbeing within the curriculum, school culture and systems. She is also a member of the advisory group for the Department for Education, advising them on their mental health green paper.

**About Children's Mental Health Week**  
Around three children in every primary school class has a mental health problem. Many more struggle with challenges from bullying to bereavement. Now in its seventh year, Children's Mental Health Week shines a spotlight on the importance of young people's mental health – and it's never seemed more relevant than it does in 2021. Find out more at [www.childrensmentalhealthweek.org.uk](http://www.childrensmentalhealthweek.org.uk)

[www.nationalonlinesafety.com](http://www.nationalonlinesafety.com) @natonlinesafety /NationalOnlineSafety @nationalonlinesafety

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Enjoy your weekends in the sunshine and we look forward to welcoming your child back into school on Monday for our last full week!

Matt Johnson  
Headteacher