



# COPNOR PRIMARY SCHOOL

Copnor Road, Portsmouth, Hampshire, PO3 5BZ

Telephone: 023 9266 1191

E-Mail: [admin@copnorprimary.co.uk](mailto:admin@copnorprimary.co.uk)

Headteacher: Matt Johnson BA (Hons.) QTS NPQEL

Deputy Headteacher: Lizzie Shackelford PGCE QTS MA Ed. NPQH

5<sup>th</sup> June 2025

Dear Parents & Carers,

## **Parent Drop-In – Supporting Children with Anxiety**

We would like to invite all parents to our next Pastoral Parent Drop-In that we are running on **Wednesday 25<sup>th</sup> June between 9:15-11am**. You are invited to book a 15-minute appointment with our school link worker from the Mental Health Support Team (MHST) at CAMHS if you would like some advice with supporting your child's worries or anxiety.

If this is something you feel you would be interested in attending, please could you contact a member of the Admin or Pastoral Team to book your 15-minute slot.

If you are unable to attend a session on this date but would like further information on this matter, please contact the Pastoral Team or alternatively you can speak to your child's class teacher.

Yours sincerely,

Matt Johnson  
Headteacher

