PSHE Long Term Overview

Year Group	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	Building relationships: Special relationships (kapowprimary.com)	Building relationships: My family and friends (kapowprimary.com)	EYFS PSHE Lesson Plans | Self Regulation | My Feelings (kapowprimary.com)	Reception PSHE Lesson Plans | Managing Self | My Wellbeing (kapowprimary.com)	Self-regulation: Listening and following instructions (kapowprimary.com)	Managing self: Taking on challenges (kapowprimary.com)
1	Introduction to PSHE (first few days) and Family and relationships	Health and wellbeing	Safety and the changing body	Citizenship	Economic wellbeing	Y1 transition lesson
2	Health and Wellbeing	Citizenship	Economic Wellbeing	Safety and the changing body	Families and Relationships Transition (1 lesson)	
3	Introduction: Setting ground rules Y3 Health and wellbeing	Citizenship	Family and relationships	Safety and the changing body	Economic wellbeing	Transition 1 lesson
4	Families and Relationships	Health and Wellbeing	Citizenship	Economic Wellbeing	Safety and the Changing Body	Transition
5	Families & Relationships	Citizenship	Health & Wellbeing	Safety & the Changing Body (RSE)	Economic Wellbeing	
6	Family and relationships	SRE Safety and changing body	Health and wellbeing	Citizenship	Economic wellbeing	Identity Transition