



# NEWSLETTER



Dear Parents and Carers,

Happy New Year! Welcome back to the start of 2025 in school. We hope that you all had a great Christmas with your families and friends. It has of course been a chilly start to the new year, so please can you ensure that your child comes to school with enough warm clothes as we will continue to take the children outside as much as possible.



The children have settled in well to the new term and are all enjoying the start of their new topics. For example, Year 6 had a great morning on Monday immersing themselves in their new WW2 topic completing a mixture of role play, freeze frames and looking at primary sources to help them understand what WW2 was like. I look forward to seeing all the fantastic work that the children complete over this next half term.

## Next Week

Date	Event
15 <sup>th</sup>	Year 5 Swimming
16 <sup>th</sup>	Year 2 Portsdown Hill Trip
	Year 5 Pompey Pirates

## Reading in class continues...

Don't forget that 'Reading in Class' continues every **Wednesday** between **8.35 am and 8.55 am**. It is lovely to see so many parents and children reading together. We look forward to welcoming you back in again next week.



## Scholastic Book Fair



We are very pleased to announce that the Scholastic Book Fair will be at Copnor Primary School from **Wednesday 5<sup>th</sup> February to Monday 10<sup>th</sup> February – 3.30pm – 4.05 pm**.

Please note that the location of the book fair will be the KS2 Hall on Wednesday and Thursday but in another location on the Friday and Monday due to extra-curricular clubs using the hall. We will confirm the other locations shortly.

Further information can be found in the separate letter from Mr Andrews.

## Attendance Cup

This week's winning house is:

	Mary Rose	Victory	Alliance	Warrior
KS1	96.95%	96.89%	95.58%	95.48%
KS2	94.5%	92.8%	94.3%	95.3%

Congratulations to **Mary Rose** in **KS1** and **Warrior** in **KS2** who have won this week's house cup.

## House Points

This week's winning house is:

	Mary Rose	Victory	Alliance	Warrior
This week	221	144	124	<b>341</b>
Total	221	144	124	341

Congratulations to **Warrior**, who collected the most house points this week.

## Congratulations to...

### Sophia

Sophia recently took part in her gymnastics winter display. She was judged on her floor and vault routines and came first place in both. Wow Sophia! That is fantastic!

We look forward to hearing about your further gymnastic achievements.





## Teddy

Just before the Christmas holidays, Teddy completed his grading at karate and received his orange belt! Well done, Teddy! A fantastic achievement!

Keep up the great work and training.

## Golden Child



I am delighted to share the names of this week's Golden Children they are:

Year Group	Class	Golden Child
EYFS	Rosen	Carter
	Hart	
	Donaldson	Billy
1	Adeola	Finn
	Field	Rosabella
	Gravett	Jax-Dean
2	Steadman	Zara
	Simmonds	Yaseen
	Jenkins	
3	Adele	Sandra
	Sheeran	Nancy
	Murs	Ivy
4	Thompson	Malithmee
	Rickman	Esme
	Elba	Elliot
5	Peake	Summer
	Hawking	Florence
	Franklin	Ava
6	Hussain	Amy
	Roots	Ethan
	Berry	Jack

**EYFS/KS1** and **KS2** have all been recognised as someone who is ambitious towards meeting their goals.

## Portsmouth Neurodiversity Team

**Meet the team!**



**CONTACT US**

health&care  
portsmouth

NHS  
Hampshire and  
Isle of Wight Healthcare  
NHS Foundation Trust

neurodiversity0-19Enquiries  
@portsmouthcc.gov.uk

023 92 606051

Check out our website for advice  
and support



**Portsmouth  
Neurodiversity  
Team**



Find out more  
about us by  
scanning the QR  
code.



Please see the leaflet introducing the neurodiversity team, with information on how to contact them.

Did you know?

Anyone can get in touch with them to talk about a young person with neurodiverse needs - you don't need a diagnosis to chat with them.

## Daily Attendance

Unfortunately over Christmas Mrs Bailey became unwell and will not be in school for the next couple of weeks. During her absence could you please ensure that any child absence is either reported via the [attendance@copnorprimary.co.uk](mailto:attendance@copnorprimary.co.uk) or [admin@copnorprimary.co.uk](mailto:admin@copnorprimary.co.uk) email address, or via the attendance answer phone through the school switch board rather than emailing Mrs Bailey directly as these emails will not be read. We all wish Mrs Bailey a speedy recovery and very much look forward to in seeing her back in school very soon.

## Keeping our children safe online

Continuing our sharing of the informative posters from #WakeUpWednesday, National Online Safety. Please take the time to read through all the tips that will help to ensure that your children are safe online.



At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one of many issues which we believe trusted adults should be aware of. Please visit [www.nationalonlinesafety.com](http://www.nationalonlinesafety.com) for further guides, hints and tips for adults.

# What Parents & Carers Need to Know about HOW TO COMBAT ONLINE BULLYING

Defined as "ongoing hurtful behaviour towards someone online", cyber-bullying makes its victims feel upset, uncomfortable and unsafe. In the digital world, it has numerous forms – such as hurtful comments on a person's posts or profile; deliberately leaving them out of group chats; sharing embarrassing images or videos of someone; or spreading gossip about them. Cyber-bullying can severely impact a young person's mental health... so, in support of Anti-Bullying Week, we've provided a list of tips to help trusted adults know what to look for and how to respond to it.

**1. GET CONNECTED**  
Playing online games together with your child or connecting with them on social media (providing they're old enough) is not only fun but also an excellent way of establishing some common ground to discuss things you've both seen or done online – as well as keeping an eye on who your child is communicating with in the digital world.

**2. KEEP TALKING**  
Regular chats with young people about their online lives are good practice in general, but they can also be an excellent refresher to help prevent cyber-bullying situations. Topics you might want to revisit include why it's important to only connect online with people we know and trust, and why passwords should always remain secret (even from our best friends).

**3. STAY VIGILANT**  
Observe your child while they're using technology and just after they've used it. Are they acting normally, or out of character? Possible signs of a problem may include seeming quiet or withdrawn, jumpy or anxious, angry or repeatedly checking their phone. When you feel it's the right time, you may want to check in with them to see if everything is OK.

**4. MAKE YOURSELF AVAILABLE**  
If an online bullying incident does occur, it may take a while before your child is ready to open up about what happened. Just gently remind them that they can always come to you with any problems – and that they won't be in trouble. You might also suggest a trusted family member they could turn to, in case they feel too embarrassed to tell you directly.

**5. BE PREPARED TO LISTEN**  
When conversations about online bullying do take place, they're likely to be difficult, emotional and upsetting for both you and your child. Actively listen to your child while they're bringing you up to speed, and try not to show any judgement or criticism – even if they haven't dealt with the situation in exactly the way you would have hoped.

**6. EMPOWER YOUR CHILD**  
Depending on their age, your child might not want a parent 'fighting their battles for them'. In that case, talk through their options with them (blocking the perpetrator, deleting the app and so on). By allowing your child to choose the path they take, you're putting them in control but are also demonstrating that you're there to support them along the way.

**7. REPORT BULLIES ONLINE**  
Cyber-bullying often takes place through a particular app, social media platform or online game. If this is happening to your child, encourage them to report the offender to the app or game in question – ideally with screenshots to support their complaint. Most games and apps have reporting tools specifically to stamp out abusive behaviour and protect users.

**8. ENCOURAGE EMPATHY**  
Protecting themselves online is the priority, of course, but young people should also feel empowered to help if they witness other people falling victim to cyberbullying. Even if they don't feel confident enough to call someone out on their abusive behaviour online, they can still confidentially report that person to the app or game where the bullying occurred.

**9. SEEK EXPERT ADVICE**  
Victims of online bullying frequently experience feelings of isolation and anxiety, a loss of self-esteem and potentially even thoughts of self-harm or suicide. If you think that an incident of cyber-bullying has affected your child's mental wellbeing, then seek psychological support for them. There are some useful contact details in the central panel below.

**10. INVOLVE THE AUTHORITIES**  
If the nature of any online bullying makes you suspect that your child is genuinely in imminent physical danger – or if there are any signs whatsoever of explicit images being shared as part of the bullying – then you should gather any relevant screenshots as evidence and report the incidents to your local police force.

**FURTHER SUPPORT AND ADVICE**  
If you or your child need additional help with an online bullying issue, here are some specialist organisations that you could reach out to.  
Childline: talk to a trained counsellor on 0800 1111 or online at [www.childline.org.uk/get-support/](http://www.childline.org.uk/get-support/)  
National Bullying Helpline: counsellors are available on 0845 225 5787 or by visiting [www.nationalbullyinghelpline.co.uk/cyberbullying.html](http://www.nationalbullyinghelpline.co.uk/cyberbullying.html)  
The NSPCC: the children's charity has a guide to the signs of bullying at [www.nspcc.org.uk/what-is-child-abuse/types-of-abuse/bullying-and-cyberbullying/](http://www.nspcc.org.uk/what-is-child-abuse/types-of-abuse/bullying-and-cyberbullying/) and can be reached on 0800 800 5000

**Meet Our Expert**  
Dr Claire Sutherland is an online safety consultant, educator and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian government comparing internet use and sexting behaviour of young people in the UK, USA and Australia.

**National Online Safety**  
#WakeUpWednesday

[www.nationalonlinesafety.com](http://www.nationalonlinesafety.com) @natonlinesafety /NationalOnlineSafety @nationalonlinesafety

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Wishing you all a relaxing weekend and we look forward to welcoming the children back into school on Monday.

Matt Johnson  
Headteacher