



# NEWSLETTER



Dear Parents and Carers,

What a great week we have all had once again. It has certainly been a busy one! This week it was Year 2's turn for a trip to Queen Elizabeth Country Park to support their learning. Have a look below and on our Instagram account to see what they got up to. We have also been promoting Black History month in school, helping the children to learn about influential Black figures in keeping with the theme of 'Reclaiming Narratives'. The school turned rather yellow on Thursday, when we supported World Mental Health Day to raise awareness and show our children they are not alone and things can get better. Finally, we have learned what our newly formed School Council has been up to as they've met for the first time this year. I look forward to supporting their new initiatives in school as we continue to strive to develop our children's learning environment.

## Next Week

Date	Event
14 <sup>th</sup>	EYFS New Entrants Open Morning – 9.30 – 11 am
	<b>Gravett Class</b> – Marwell Zoo
15 <sup>th</sup>	School Photographer – EYFS, Yr4 and siblings
16 <sup>th</sup>	<b>Adeola Class</b> – Marwell Zoo
18 <sup>th</sup>	The News in school for EYFS photographs
	<b>Field Class</b> – Marwell Zoo

## Sibling Photographs

A reminder that on **Tuesday 15th October**, Yellow will be taking sibling photos of children who are at Copnor Primary School. This is for children whose parents booked online. Yellow will also be taking individual photographs of children in EYFS, Year 4 and anyone who was not present in school in September.



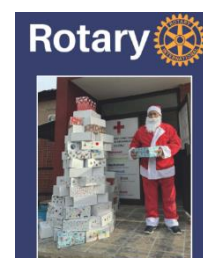
## Harvest Collection



Thank you to those of you who have already started to bring in donations for our Harvest Festival. Please bring any donations into the school office by **Friday 18<sup>th</sup> October**.

## Rotary Shoe Box Scheme

Thank you to everyone who has donated to this charity. The Wessex Rotary Club will be collecting the boxes week beginning **Monday 21st October**, so there is still time if you are considering filling a box.



## Parents' Evening Appointments



Parents' Evening Appointments can be booked through the Arbor Parent App and will be available from **6.00pm today, closing midday on Friday 18th October**. If you are struggling to access this, please contact the school office and a member of the office team will guide you through the booking process.

## Reading in class continues...

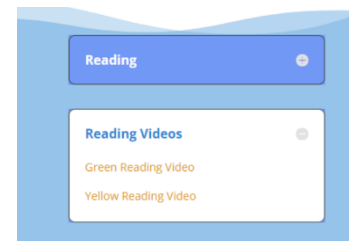
Week 4 has continued well, don't forget that it continues every **Wednesday** between **8.35 am and 8.55 am**. It is lovely to see so many parents and children reading together. We look forward to welcoming you back in again next week.



## Supporting your child with reading in KS1

Thank you to those parents that attended one of the information sessions last Monday to support you with your child's reading at home. If you were unable to attend or wish to view the videos again, please find links to the reading videos on the website below:

<https://copnorprimary.co.uk/our-school/english/>



All the Year 1 and Year 2 teachers are very proud of the children's commitment to reading. Over the last 3 weeks, we have seen the children become more confident with their reading and definitely more fluent. Please make the time to read this familiar book they have brought home and celebrate their reading success as re-reading this book is vital for supporting their reading skills. We believe each child will impress you!

Your child will also be able to choose another reading book to bring home, which has been chosen by them from our coloured book boxes. They are free to read this with you, but please remember this will not have been practiced in school so they will not be as fluent. These self-chosen books will be changed during the week, with the fluent book still coming home every Friday for a week. This will allow for children opportunities to practise their skills alongside you.

## Five top tips to help your child at home:

1. Sit next to your child in a quiet place they are happy to read.
2. Look inside the front cover for the key words in the book to read first.
3. Ask them who the characters are and spot their names together. (Project X books / Hero Academy have all characters on first page)
4. Praise them/smile after every page.
5. Support by correcting any errors, suggesting that they try that word again re-reading the whole sentence without the mistake.



## Year 2 trip to Queen Elizabeth Country Park

This week, Year 2 enjoyed a fantastic visit to Queen Elizabeth Country Park as part of their Science topic on Habitats. The children explored woodland food chains, searched for signs of autumn, and discovered a variety of leaves. They also investigated microhabitats, finding beetles, worms, slugs, snails, centipedes, and even a toad with its baby! As part of their learning, the children explored habitats in a meadow, woodland, and pond, and created beautiful art pieces using natural resources inspired by Andy Goldsworthy. A big thank you to all the children for their enthusiasm and to Miss O'Hare for organizing this wonderful trip! If you'd like to see some photos of what they all got up to then please visit our Instagram account.

The logo for Queen Elizabeth Country Park, featuring the name in a blue serif font with 'Country Park' in a smaller, blue sans-serif font below it.

## Black History Month at Copnor Primary School

Copnor Primary School is celebrating Black History Month to honour the contributions and achievements of Black individuals throughout history, particularly in the UK. The month serves as a vital time for students to learn about the rich cultural heritage, struggles, and triumphs of Black people, fostering a deeper understanding of diversity and inclusion. Our curriculum at Copnor already aims to be diverse and celebrating Black History Month helps to broaden students' knowledge beyond the set curriculum, highlighting influential figures such as Mary Seacole, Lillian Bader, Betty Campbell, Olaudah Equiano, and others whose stories may be overlooked in the National Curriculum.



### What are we doing to shine a spotlight on Black History?

- A whole school assembly
- Weekly stories about inspirational black historical figures
- An art afternoon inspired by groundbreaking black artists
- Book corners with texts to promote black history



**B:M**  
2024 **RECLAIMING  
NARRATIVES**



## Congratulations to ...

### Sophia Istrate

Last weekend Sophia took part in the her gymnastics squad championships competing on the bar, beam, vault and floor, she came an amazing 2<sup>nd</sup> place overall. This is a fantastic achievement and one that we are all incredibly proud of Sophia for accomplishing.



### Golden Child



I am delighted to share the names of this week's Golden Children they are:

Year Group	Class	Golden Child
EYFS	Rosen	Betty
	Hart	Chay
	Donaldson	
1	Adeola	Everleigh
	Field	Ida
	Gravett	Daisy
2	Steadman	Roman
	Simmonds	Amelia
	Jenkins	Lara
3	Adele	Ayaan
	Sheeran	Betsy
	Murs	Mohammed
4	Thompson	Odin
	Rickman	Rose
	Elba	Ivy
5	Peake	Rana
	Hawking	Alicia
	Franklin	Everly
6	Hussain	Phoebe
	Roots	Gabriel
	Berry	Riley

EYFS/KS1/KS2 have all been recognised as someone who understands the importance of helping others

## Unlock your teaching career in Portsmouth with new webinar

Teach Portsmouth has joined forces with local training providers to help people navigate their options in the city.

This Zoom webinar explores school-based and university-based routes into training.

The University of Portsmouth, University of Chichester, Portsmouth Primary SCITT and Inspiring Future Teachers - HISP Teacher Training will be joining us on **Wednesday 23 October 2024 from 5pm - 5:45pm** on Zoom.

The webinar is designed for those who are thinking about teacher training but not sure where to begin.

For more information on the webinar and to sign up, visit [www.teachportsmouth.co.uk/webinar](http://www.teachportsmouth.co.uk/webinar)



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## Keeping our children safe online

Continuing our sharing of the informative posters from #WakeUpWednesday, National Online Safety. Please take the time to read through all the tips that will help to ensure that your children are safe online.





# Tips for Encouraging Open Discussions about DIGITAL LIVES

The online world is an entirely familiar and commonplace part of life for today's children and young people, far more so than for previous generations. There are many positives to children being able to access online materials, so it's important not to demonise the internet, games and apps, and limit the benefit of their positive aspects. At the same time, we do have a responsibility to educate children about the hazards they may encounter online (just as we would about real-world dangers), so it's essential that we don't shy away from talking to them about the complex – and often sensitive – subject of what they do and what they see when they're online.

Here are some suggestions for kicking off conversations with your child about their digital life ...

## MAKE YOUR INTEREST CLEAR

Showing enthusiasm when you broach the subject signals to your child that you're keen to learn about the positives of their online world. Most children enjoy educating adults and will happily chat about what they use the internet for, or what games and apps they're into and how these work. Asking to see their favourite games and apps in action could help you spot any aspects that may need your attention – such as chat functions which might require a settings adjustment to limit contact with strangers. Keep listening even if your child pauses for a long time; they could be considering how to phrase something specific, or they may be gauging your reaction.

## BE OPEN AND HONEST, APPROPRIATE TO THEIR AGE

At various stages, children and young people become curious about puberty and how their body changes; about relationships; about how babies are made; and about sexual health. If your child knows that they can discuss these sensitive subjects with you, they tend to be less likely to go looking online for answers – which can often provide them with misleading information and, in some cases, lead to them consuming harmful content. Don't worry if you don't immediately know the answers to their questions – just find out for yourself and go back to them once you have the facts.

## REMAND YOUR CHILD THEY CAN ALWAYS TALK TO YOU

In my role I work with many children and young people who admit being reluctant to tell a trusted adult about harmful content they've viewed online, in case it leads to having their devices confiscated. Emphasise to your child that you're always there to listen and help; reassure them that if they do view harmful content, then they are not to blame – but talking about it openly will help. Children shouldn't be expected to be resilient against abuse or feel that it's their job to prevent it.

## KEEP TALKING!

The most valuable advice we can give is to keep talking with your child about their digital lives. You could try using everyday situations to ask questions about their online experiences.

## DISCUSS THAT NOT EVERYTHING WE SEE ONLINE IS REAL

Here, you could give examples from your own digital life of the online world versus reality – for example, those Instagram posts which show the perfect house: spotlessly clean, never messy and immaculately decorated. Explain to your child that there are many other aspects of the online world which are also deliberately presented in an unrealistic way for effect – such as someone's relationship, their body, having perfect skin and so on.

## TRY TO REMAIN CALM

As much as possible, try to stay calm even if your child tells you about an online experience that makes you feel angry or fearful. Our immediate emotions frequently influence the way we talk, so it's possible that your initial reaction as a parent or carer could deter a child from speaking openly about what they've seen. Give yourself time to consider the right approach, and perhaps speak with other family members or school staff while you are considering your next steps.

## CREATE A 'FAMILY AGREEMENT'

Involving your whole household in coming up with a family agreement about device use can be immensely beneficial. You could discuss when (and for how long) it's OK to use phones, tablets, consoles and so on at home; what parental controls are for and why they're important; and why it's good to talk to each other about things we've seen or experienced online (both good and bad). Explaining your reasoning will help children to understand that, as trusted adults, we want to make sure they are well informed and kept safe. Allowing children to have their say when coming up with your family agreement also makes them far more likely to stick to it in the long term.

## Meet Our Expert

Rebecca Jennings of RABE (Raising Awareness in Sex Education) has almost 20 years' experience delivering relationships and sex education and inspiring to schools, colleges and other education providers. A published author on the subject, she also advises the Department of Education on the up-to-date content of the PSPE curriculum.



**NOS** National Online Safety®  
#WakeUpWednesday



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## Family Learning



Calling all Year 2 families

We would like to invite you a **free**

**Mini Beast Art & Craft Taster Session**

followed by a

**5 Week - Learn With My Child - Maths Course**

**At:** Copnor Primary

**Taster Session on:** Tuesday 5<sup>th</sup> November 2024

**Start time:** 1.45pm - 3.15pm

Followed by a

**5 Week - Learn With My Child - Maths Course**

**Course dates:** Tuesday 12<sup>th</sup> 19<sup>th</sup> 26<sup>th</sup> Nov 3<sup>rd</sup> 10<sup>th</sup> Dec

**Start time:** 1.00pm - 3.15pm (children will join us at 2.30pm)

**What will I do?**

- Refresh your own maths skills
- Discover how your child is learning maths at school and what you can do to support them
- Spend 45 mins, quality one to one time with your child
- Support your child in developing their skills through a variety of maths-based, fun activities

**Come and have fun with other parents/carers and your children.**

[www.learnportsmouth.ac.uk](http://www.learnportsmouth.ac.uk)

[www.portsmouth.gov.uk](http://www.portsmouth.gov.uk)

Wishing you all a relaxing weekend and we look forward to seeing you all again next week.

Matt Johnson  
Headteacher