

## PSHE Long Term Overview

Year Group	Focus Religions	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS		<a href="#">Building relationships: Special relationships (kapowprimary.co m)</a>	<a href="#">Building relationships: My family and friends (kapowprimary.co m)</a>	<a href="#">EYFS PSHE Lesson Plans   Self Regulation   My Feelings (kapowprimary.co m)</a>	<a href="#">Reception PSHE Lesson Plans   Managing Self   My Wellbeing (kapowprimary.co m)</a>	<a href="#">Self-regulation: Listening and following instructions (kapowprimary.co m)</a>	<a href="#">Managing self: Taking on challenges (kapowprimary.co m)</a>
1		<a href="#">Introduction to PSHE (first few days) and Family and relationships</a>	<a href="#">Health and wellbeing</a>	<a href="#">Safety and the changing body</a>	<a href="#">Citizenship</a>	<a href="#">Economic wellbeing</a>	<a href="#">Y1 transition lesson</a>
2	<a href="#">Health and Wellbeing</a>	<a href="#">Citizenship</a>		<a href="#">Economic Wellbeing</a>	<a href="#">Safety and the changing body</a>	<a href="#">Families and Relationships</a>  <a href="#">Transition (1 lesson)</a>	
3		<a href="#">Introduction: Setting ground rules</a>  <a href="#">Y3 Health and wellbeing</a>	<a href="#">Citizenship</a>	<a href="#">Family and relationships</a>	<a href="#">Safety and the changing body</a>	<a href="#">Economic wellbeing</a>	<a href="#">Transition 1 lesson</a>
4	<a href="#">Families and Relationships</a>	<a href="#">Health and Wellbeing</a>	<a href="#">Citizenship</a>	<a href="#">Economic Wellbeing</a>	<a href="#">Safety and the Changing Body</a>	<a href="#">Transition</a>	<a href="#">Families and Relationships</a>



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5		<a href="#">Families &amp; Relationships</a>	<a href="#">Citizenship</a>	<a href="#">Health &amp; Wellbeing</a>	Safety & the Changing Body (RSE)	<a href="#">Economic Wellbeing</a>	
6		<a href="#">Family and relationships</a> (6 lessons)	SRE <a href="#">Safety and changing body</a> (8 lessons- can condense)	<a href="#">Health and wellbeing</a> (8 lessons- can condense)	<a href="#">Citizenship</a> (6 lessons)	<a href="#">Economic wellbeing</a> (6 lessons)	<a href="#">Identity Transition</a> (3 lessons)