

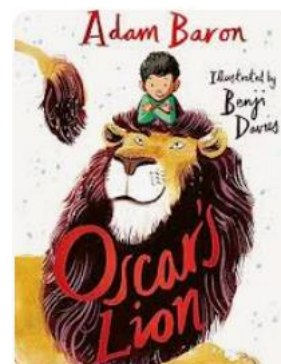


NEWSLETTER



Dear Parents and Carers,

As always, I hope that this newsletter finds you well and that you have managed to avoid getting caught in any of the very heavy rain showers this week! It has been another wonderful week here at school. The children are really working hard and keeping our Copnor values (Teamwork, Resilience and Respect) close to hand each day. Years 3, 4 and 5 had a very exciting afternoon yesterday with a visit from Adam Baron, the children's author. They really enjoyed him sharing extracts from his books and many were lucky enough to purchase one of his books to come and share his stories at home with you. I hope that you have enjoyed hearing about Oscar's Lion and their adventures together. I am not so sure though that his lion was really the best babysitter!



Next Week

Date	Event
30 th	KS1 Parents Meeting – How to support your child with reading. 9am and 2.55pm – KS2 Hall
30 th	Sheeran Class trip to Butser Hill
2 nd October	Murs Class trip to Butser Hill
4 th	Adele Class trip to Butser Hill

Census Day Menu – Thursday 3rd October 2024

Please can we remind all parents in Year R and Year 1 not to order a dinner through their child's ScoPay account on this day only. We have already pre-ordered your child's meal for Thursday 3rd October following the letter sent to parents, 'Census Day - Thursday 3rd October 2024.'

Reading in class continues...

Week 3 has continued well, don't forget that it continues every **Wednesday** between **8.35 am and 8.55 am**. It is lovely to see so many parents and children reading together. We look forward to welcoming you back in again next week.



Head and Deputies of KS1 and KS2

Following a letter of application and interview process today, I am delighted to announce the children below are our new Heads and Deputies for this academic year. A massive congratulations goes to them, and I know that they will be amazing in their new roles:

	KS1	KS1	KS2	KS2
Head	Jack N	India-Rose	Kathleen	Lois
Deputy	Zarah-Rose	Ruby	Tanaka	Oluwatofunmi
Prefect	Pippa		Zoey	

BBC 500 Words 2024



The BBC's annual 500 Words competition is now open for entries, it's time to get writing!

If your child is interested in submitting a story, they need to get writing and do so before **9pm on Friday 8 November 2024**.

There are two age categories: 5-7 and 8-11 year-olds.

The challenge - All children need to do is write a story they would love to read in **500 Words or less**. Spelling, punctuation, and grammar are not marked - **it's all about creativity!**

The rewards - 50 finalists will be invited to go to a glamorous grand final at Buckingham Palace in February next year, where the bronze, silver and gold winners in each category will have their stories read out by celebrities.

There are also lots of prizes to be won - each winner will take home a bundle of books and the gold winners also win 500 books for their school library.

Not only that, the winning stories will receive an original illustration from Dapo Adeola, Nigel Parkinson, Lydia Monks, Momoko Abe, Rob Biddulph or Yasmeen Ismail.

For further information and tips on how to support the children with their writing, head to the following website: <https://www.bbc.co.uk/teach/500-words>

Congratulations to...

Ivy and Leah



Rowans
Hospice

Last weekend, the girls took part in the Rowans Hospice Shining Stars Walk to raise money in memory of their Great Grandad. The girls walked a staggering 4 miles – an amazing achievement! We are all very proud of them and congratulate them on their fantastic efforts, both walking and fundraising. Well done girls!



Golden Child

I am delighted to share the names of this week's Golden Children they are:

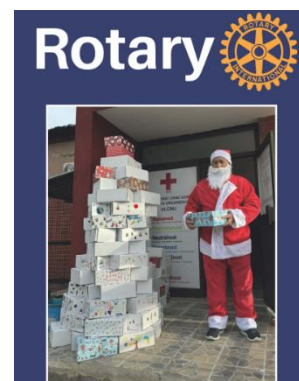


Year Group	Class	Golden Child
EYFS	Rosen	Sienna
	Hart	Sofia-Mae
	Donaldson	Gracie-Mae
1	Adeola	Tallulah
	Field	Hudson
	Gravett	
2	Stedman	Senna
	Simmonds	Lola
	Jenkins	Grace
3	Adele	Roy
	Sheeran	Elvin
	Murs	Rafe
4	Thompson	Mia
	Rickman	Logan
	Elba	Jude
5	Peak	Sahanmee
	Hawking	Harlow - Mai
	Franklin	Owain
6	Hussain	Zahra - Rose
	Roots	Olivia
	Berry	Tommy

EYFS, KS1 & KS2 have all been recognised as someone who understands the importance of safety when in school.

Rotary Shoebox Scheme

Rotary are once again running their International Wessex Shoebox Scheme to support disadvantaged and displaced children. If you feel able to support with this scheme, shoeboxes and leaflets are available from reception and should be returned to the office by **Monday 21st October**, ready for collection by Rotary. Portsmouth North Rotary Club have advised us that these are the only boxes they can accept so please come to the office to collect one if you are able to support this. A donation of £2 towards transportation and administration costs should be sellotaped to the top of the box.



Keeping our children safe online

Continuing our sharing of the informative posters from #WakeUpWednesday, National Online Safety. Please take the time to read through all the tips that will help to ensure that your children are safe online.

What Parents & Carers Need to Know about AGE-INAPPROPRIATE CONTENT

"Inappropriate" means different things to different people. What's acceptable for one age group, for example, may be unsuitable for a slightly younger audience. Online, young people can chance upon inappropriate content in various ways – from pop-up ads to TikTok videos. The increasingly young age at which children become active in the digital world heightens the risk of them innocently running into something that they find upsetting or frightening. Trusted adults need to be able to help children be aware of what to do if they're exposed to age-inappropriate content.

WHERE IS IT FOUND?

SOCIAL MEDIA

Age-inappropriate content is easily accessible through many social media platforms. TikTok, for instance, is hugely popular with young people but is arguably best known for clips featuring sexualised dancing or profanity. Some social media users also express hate speech or promote eating disorders and self-harm, which could cause lasting damage to a child's emotional and mental health.

GAMING

Gaming is an enjoyable source of entertainment, but many popular titles can expose children to inappropriate material such as violence, horror, gambling or sexually explicit content. Playing games unsuitable for their age risks normalising to children what they are seeing. Some games also include in-game chat, where other (usually older) online players often use language that you probably wouldn't want your child to hear or repeat.

STREAMING

The range of video streaming services available online means that users can find almost anything they want to watch on demand. Children are therefore at risk of viewing TV shows and movies which contain nudity, drug and alcohol abuse, explicit language and extreme violence. Unfortunately, these streaming platforms can't always determine that it's not an adult who's watching.

ADVERTS

Online adverts frequently include age-inappropriate content: usually gambling and nudity or partial nudity, although adverts for alcohol or e-cigarettes are also common. Some search engines also feature adverts that are responsive to your search history: so if you've recently looked up a new horror movie, shopped for lingerie or ordered alcohol online, then the ads appearing on screen could reflect this the next time your child borrows your device.

18 Advice for Parents & Carers

TALK IT THROUGH

Embarrassment or fear of getting into trouble can make it difficult for children to talk openly about age-inappropriate content they've watched. Remind your child they can always come to you if they're troubled by something they've seen online, without worrying about consequences. Before offering advice, discuss what they saw, how they felt and how they came to find the content in question.

CONNECT, DON'T CORRECT

If your child's been particularly distressed by exposure to content that wasn't suitable for their age, it's important to offer guidance to prevent them from repeating the same mistake – but it's equally vital to help them deal with the emotions that the situation has raised. You could tell them about any similar experiences you might have had at their age, and how you dealt with it.

BLOCK, REPORT, CONTROL

After discussing the problem, you and your child can take action together. This could include blocking any inappropriate sites and reporting any content which violates a platform's rules. To further safeguard your child online, set up parental controls on internet-enabled devices that they use. This will significantly reduce the chances of your child being exposed to age-inappropriate content in future.

GET SPECIALIST HELP

Age-inappropriate content can potentially have a negative impact on a child's mental health, which is sometimes displayed through changes in their behaviour. If the problem becomes more severe, you might consider reaching out to a mental health professional or an expert in this field who can provide you and your child with the proper support.

STAY CALM

Even though it is obviously difficult to stay rational in a situation where your child has been put at risk, it's essential to think before you react. Your child may well have hesitated to open up to you about watching inappropriate content for fear of the consequences, so being calm and supportive will reinforce the notion that it would be easy to talk to you about similar issues in the future.

Meet Our Expert

Cayley Jorgensen is a Registered Counsellor with The Health Professions Council of South Africa, and she runs a private practice offering counselling to children, teenagers and families. Her main focus is creating awareness and educating the community on the mental health pressures of today's world, as well as resources and techniques to understand and cope better.

National Online Safety

#WakeUpWednesday

www.nationalonlinesafety.com @nationalonlinesafety /NationalOnlineSafety @nationalonlinesafety

One last request...

As we move into Autumn, please can you ensure that your child comes to school wearing a coat that is suitable for the day's weather. Thank you.



Thank you for your ongoing support. As always, I wish you a happy and relaxing weekend and we look forward to seeing you all again on Monday.

Matt Johnson
Headteacher