

# Copnor Primary School

## Being a Sports Person in EYFS



0-3	3-4	WTS ELG	ELG	Links to Characteristics of Effective Teaching and Learning:
<ul style="list-style-type: none"> <li>• I can clap and stamp to music (PD)</li> <li>• I enjoy starting to kick, throw and catch balls (PD)</li> <li>• I can build independently with a range of appropriate resources (PD)</li> <li>• I can spin, roll and independently use ropes and swings (PD)</li> <li>• I can use large and small motor skills to do things independently (PD)</li> <li>• I show an increasing desire to be independent (PD)</li> <li>• I can pass things from one hand to the other (PD)</li> <li>• I can walk, run, jump and climb and start to use stairs independently (PD)</li> <li>• I can lift head while lying on my</li> </ul>	<ul style="list-style-type: none"> <li>• I continue to develop movement, balancing, riding and ball skills (PD)</li> <li>• I go up steps and stairs, or climb up apparatus, using alternate feet (PD)</li> <li>• I can skip, hop, stand on one leg and hold a pose (PD)</li> <li>• I can use large-muscle movements to wave flags and streamers, paint and make marks (PD)</li> <li>• I can be increasingly independent to get dressed and undressed (PD)</li> <li>• I can match my developing physical skills to tasks (PD)</li> <li>• I can collaborate with others to manage large items</li> </ul>	<ul style="list-style-type: none"> <li>• I revise and refine the fundamental movement skills they have already acquired: rolling, crawling, walking, jumping, running, hopping, skipping, climbing) (PD)</li> <li>• I progress towards a more fluent style of moving with developing control and grace (PD)</li> <li>• I develop the overall body strength, coordination, balance and agility (PD)</li> <li>• I can combine different movements with ease and fluency (PD)</li> <li>• I can confidently and safely use a range of large and small apparatus indoors and outside, alone and in a group (PD)</li> <li>• I can develop and refine a range of ball skills including throwing, catching, kicking, passing, battling and aiming (PD)</li> <li>• I can develop confidence, competence,</li> </ul>	<ul style="list-style-type: none"> <li>• Negotiate space and obstacles safely, with consideration for themselves and others (PD - gross motor skills)</li> <li>• Demonstrate strength, balance and coordination when playing (PD - gross motor skills)</li> <li>• Move energetically, such as running, jumping, dancing, hopping, skipping and climbing (PD - gross motor skills)</li> <li>• Make comments about what they</li> </ul>	<ul style="list-style-type: none"> <li>• Showing a curiosity about objects, events and people</li> <li>• Finding ways to solve problems</li> <li>• Making links and noticing patterns in their experience</li> <li>• Making predictions</li> <li>• Developing ideas of grouping, sequences cause and effect</li> </ul>

<p>front (PD)</p> <ul style="list-style-type: none"> <li>• I can push my chest up with straight arms (PD)</li> <li>• I can roll over (PD)</li> <li>• I can sit without support (PD)</li> <li>• I can crawl in different ways and directions (PD)</li> <li>• I can climb and squeeze into different types of spaces (maths)</li> <li>• I can gain control of my whole body through continual practice of large movements (PD)</li> <li>• I enjoy moving when outside and inside (PD)</li> <li>• I can fit myself into spaces like tunnels, dens and large boxes (PD)</li> <li>• I can sit on a push-along wheeled toy (PD)</li> <li>• I can develop manipulation and control (PD)</li> </ul>	<p>(PD)</p> <ul style="list-style-type: none"> <li>• I can increasingly be able to use and remember sequences and patterns of movements which are related to music and rhythm (PD)</li> </ul>	<p>precision and accuracy when engaging in activities that involve a ball (PD)</p> <ul style="list-style-type: none"> <li>• I can use talk to work out problems and organise my thinking and to explain how things work and why they might happen (C&amp;L)</li> <li>• I can use new vocabulary in different contexts (C&amp;L)</li> <li>•</li> </ul>	<p>have heard and ask questions to clarify their understanding (C&amp;L-listening, attention and understanding)</p> <ul style="list-style-type: none"> <li>• Offer explanations for why things might, happen, making use of recently introduced vocabulary from stories, non-fiction, rhymes and poems (C&amp;L-speaking)</li> </ul>	<p>Key vocabulary:</p> <p>forwards, backwards, sideways  bench, mat, table, roll, long, slow.  On, off, stretched, curled, tuck,  body, tall, small, shape, hold, still,  jump, hop, bounce, travel,  jump, climb, kick, move, twist,  tiptoe, turn, curl, reach, freeze,  team, instructions,  stretch</p>
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C&L = Communication and Language

PSED= Personal, Social and Emotional Development

PD= Physical Development

Lit= Literacy

Maths = Maths

EAD = Expressive Arts and Design

UTW = Understanding the World

