



Copnor Primary School

P.E. Policy

Rationale

Physical development develops pupils' physical competence, and their ability to use these to perform in a range of activities. It promotes physical skilfulness, physical development and a knowledge of the body in action.

Aims

- To deliver a full curriculum as laid down by the Programme of Study within the National Curriculum as this will show progression from Yr R to Year 6.
- To give all children safe opportunities to develop their skills and abilities.
- To develop co-operation between individuals and within groups of children.
- To promote enjoyment and satisfaction through physical activity.
- To promote the importance of physical activity in a health lifestyle.
- To encourage fair play and sportsmanship through communicating, collaborating and competing with each other.
- To encourage children to understand the importance of safety in physical activities.
- To establish water confidence.

Provision

The following areas are being taught within the school:

- Dance
- Gymnastics
- Invasion Games
- Net and Wall games
- Striking and fielding
- Outdoor Pursuits
- Athletics
- Swimming

Balance

Each year group are undertaking 2 hours of physical activity a week.

Teaching strategies

Each lesson has a main focus for skills development which is then applied and consolidated with small group games.

The lessons are structured as follows:

- Warm up
- Skills Development
- Small Games Activity
- Cool down

Organisational strategies

All medium term plans are in half term blocks with Games Dance and Gymnastics developed in alternate half terms.

Resources

A termly audit is undertaken to ensure all areas are fully resources before they are to be taught.

SEN

SEN children will have provisions made for them to ensure that they can participate fully and inclusively in physical activities.

Gifted & Talented

Gifted and Talented pupils are already identified within the school and are catered for within medium term plans through differentiation. After school clubs are available to give children the opportunity to develop these skills further.

Health & Safety

Health and Safety is an important issue within Physical Activities especially in regards to exercising, carrying equipment and the risk of injury. All health and safety issues including risk assessment are addressed in medium term plans and must be looked at before each unit of work is taught.

Assessment, Recording and Reporting

A core assessment task is to be undertaken at the end of each area covered (net and wall, invasion, striking and fielding, athletics, outdoor pursuits, dance and gymnastics) and levels recorded. A feedback pro-forma will be completed at the end of each individual topic.

Policy updated: Sept 2017
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